

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d		0500		0507	0522	0530	0540		0558	0604	0608	0616	0626	0633	0637		0642	0648
Limehouse (LHS) DLR d		0504		0511	0526	0534	0544		0602	0608	0613	0621	0630	0638	0641			0652
West Ham (WEH) DLR d		0509		0516	0531	0539	0549		0608	0613	0618	0626	0635	0644			0652	0658
London Liverpool Street (LST) DLR 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) DLR d	0452	0514	0519	0522	0537	0544	0554	0559	0614	0618	0624	0633	0641	0650	0653	←	0657	0703
Upminster (UPM) DLR d	0500	0522		0530		0553	0602			0626	0632		0649	0702e		0702e	0706	0712
Ockendon (OCK) d	0506			0535			0608				0640			→		0710		
Chafford Hundred Lakeside (CFH) d	0509			0539			0611				0643				0714			
Dagenham Dock (DDK) d			0523		0544			0603	0619			0638			0657			
Rainham (RNM) d			0527		0548			0607	0623			0642			0701			
Purfleet (PFL) d			0532		0553			0612	0628			0647			0706			
Grays (GRY) a	0514		0538	0543	0559		0615	0619	0634		0647	0654			0712	0721		
Grays (GRY) d	0514			0543			0616				0648				0714			
Tilbury Town (TIL) 3 d	0517			0546			0619				0651				0717			
East Tilbury (ETL) d	0523			0552			0625				0657				0723			
Stanford-le-Hope (SFO) d	0527			0556			0628				0700				0727			
West Horndon (WHR) d		0527				0558				0631		0654					0711	
Laindon (LAI) d		0532				0603				0636		0659					0716	0720
Basildon (BSO) d		0535				0606				0639		0702						0724
Pitsea (PSE) d	0535	0539		0604		0610	0638			0643	0708a	0706		0738a			0720	0727
Benfleet (BEF) d	0539	0542		0608		0613	0642			0646		0710					0724	0731
Leigh-on-Sea (LES) d	0543	0547		0613		0618	0646			0651		0714					0729	0736
Chalkwell (CHW) d	0546	0549		0615		0620	0649			0653		0717					0731	0739
Westcliff (WCF) d	0548	0551		0617		0622	0651			0655		0719					0733	0741
Southend Central (SOC) a	0551	0554		0620		0625	0654			0658		0721					0736	0743
Southend Central (SOC) d		0555				0625				0658		0722					0736	0744
Southend East (SOE) d		0557				0627				0700		0724					0738	0746
Thorpe Bay (TPB) d		0559				0629				0703		0726					0741	0748
Shoeburyness (SRY) a		0603				0633				0708		0730					0745	0752

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d	0656	0659	0702	0707	0712	0717	0720	0726	0729	0732	0735	0737	0740	0750	0753	0759	0802	0805
Limehouse (LHS) DLR d			0706	0712		0721	0725	0730	0733	0736	0739	0742	0744	0754	0757		0806	0809
West Ham (WEH) DLR d		0708	0711	0717		0727	0730	0735	0738	0741	0744	0747	0750	0759	0802	0808	0811	0814
London Liverpool Street (LST) DLR 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) DLR d	0709	0713	0718	0723	0727	0733	0736	0740	0743	0747	0749	0753		0804	0807	0813	0818	0819
Upminster (UPM) DLR d		0722		0733			0744				0757		0802	0812		0822		0827
Ockendon (OCK) d				0740									0810					
Chafford Hundred Lakeside (CFH) d				0744									0813					
Dagenham Dock (DDK) d			0722			0737				0752								0822
Rainham (RNM) d			0726			0741				0756								0826
Purfleet (PFL) d			0731			0746				0801								0832
Grays (GRY) a			0738	0748		0753				0806		0810	0819					0838
Grays (GRY) d				0748						0807			0819					
Tilbury Town (TIL) 3 d				0751						0810			0822					
East Tilbury (ETL) d				0757						0816			0828					
Stanford-le-Hope (SFO) d				0801						0819			0831					
West Horndon (WHR) d		0727										0802					0827	
Laindon (LAI) d	0724a	0733				0752	0755a	0800		0803		0807		0820	0824a	0832		0835
Basildon (BSO) d		0737		0745		0756		0806		0810				0823				0839
Pitsea (PSE) d		0741		0809a		0759		0806	0827a	0814		0839a		0827		0837		0842
Benfleet (BEF) d		0744				0803		0810		0817				0830		0841		0846
Leigh-on-Sea (LES) d		0749			0754a	0807		0814		0822				0835		0846		0850
Chalkwell (CHW) d		0752				0810		0817		0824				0837		0848		0853
Westcliff (WCF) d		0754				0812		0819		0826				0839		0850		0855
Southend Central (SOC) a		0757				0814		0821		0829				0842		0853		0858
Southend Central (SOC) d		0757				0815		0822		0829						0853		
Southend East (SOE) d		0759				0817		0824		0831						0855		
Thorpe Bay (TPB) d		0802				0819		0826		0834						0858		
Shoeburyness (SRY) a		0806				0823		0830		0839						0902		

London Underground also run frequent services between central London, West Ham, Barking and Upminster
 For the bus/ferry service between Tilbury Town, Tilbury Riverside and Gravesend Town Pier see table 001a

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 4 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d	0811	0814	0820	0829	0832	0835	0847	0850	0900		0908	0922	0936	0941	0953	1004	1011	1024
Limehouse (LHS) DLR d			0824		0836	0840	0851	0854	0904		0913	0927	0940	0945	0957	1008	1015	1028
West Ham (WEH) DLR d	0819	0824	0830	0838	0841	0845	0856	0859	0909		0918	0932	0945	0950	1002	1013	1020	1033
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) DLR d	0825	0829	0836	0844	0848	0852	0901	0908c	0914		0924	0938	0950	0955	1009	1018	1025	1039
Upminster (UPM) DLR d	0834	0838	0844	0854		0902	0909		0922		0932	0958	1003		1026	1033		
Ockendon (OCK) d	0840					0910					0939		1009		1039			
Chafford Hundred Lakeside (CFH) d	0844					0914					0943		1013		1043			
Dagenham Dock (DDK) d					0852			0912				0942			1013			1044
Rainham (RNM) d					0856			0916				0946			1017			1047
Purfleet (PFL) d					0902			0922				0951			1022			1052
Grays (GRY) a	0848				0908			0928				0947	0958		1017	1028		1047
Grays (GRY) d	0848					0918					0947				1017			1047
Tilbury Town (TIL) 3 d	0851					0921					0921	0950			1020			1050
East Tilbury (ETL) d	0857										0927	0956			1026			1056
Stanford-le-Hope (SFO) d	0900										0931	1000			1030			1100
West Horndon (WHR) d			0849	0859			0914		0927				1003					1031
Laindon (LAI) d		0846	0853	0905			0919		0932				1008					1036
Basildon (BSO) d		0850	0857				0922		0935				1011					1039
Pitsea (PSE) d	0908a		0900	0912c			0926		0939	0943c	1008		1015	1038				1043
Benfleet (BEF) d		0856	0904	0915			0929		0942	0947	1012		1018	1042				1046
Leigh-on-Sea (LES) d		0901	0908	0920			0934		0947	0951	1017		1023	1046				1051
Chalkwell (CHW) d		0903	0911	0922			0936		0949	0954	1019		1025	1049				1053
Westcliff (WCF) d		0905	0913	0924			0938		0951	0956	1021		1027	1051				1055
Southend Central (SOC) a		0908	0915	0927			0941		0954	0959	1024		1030	1054				1058
Southend Central (SOC) d		0908	0916	0927			0941		0954		1024		1030					1058
Southend East (SOE) d		0910	0918	0929			0943		0956		1026		1032					1100
Thorpe Bay (TPB) d		0913	0920	0932			0946		0959		1029		1035					1103
Shoeburyness (SRY) a		0917	0924	0936			0950		1003		1033		1039					1107

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d	1034	1041	1053	1104	1112	1124	1134	1139	1153	1204	1211	1223	1234	1241	1253	1304	1311	1323
Limehouse (LHS) DLR d	1038	1045	1057	1108	1116	1128	1138	1143	1157	1208	1215	1227	1238	1245	1257	1308	1315	1327
West Ham (WEH) DLR d	1043	1050	1102	1113	1121	1133	1143	1148	1202	1213	1220	1232	1243	1250	1302	1313	1320	1332
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) DLR d	1048	1055	1108	1118	1126	1139	1148	1153	1208	1218	1225	1238	1248	1255	1308	1318	1325	1338
Upminster (UPM) DLR d	1056	1103		1126	1134		1156	1202		1226	1233		1256	1303		1326	1334	
Ockendon (OCK) d		1109			1140			1207			1239			1309				1339
Chafford Hundred Lakeside (CFH) d		1113			1144			1211			1243			1313				1343
Dagenham Dock (DDK) d			1112			1143			1212			1242			1314			1344
Rainham (RNM) d			1116			1147			1216			1246			1317			1347
Purfleet (PFL) d			1121			1152			1221			1251			1322			1352
Grays (GRY) a		1117	1127		1148	1158		1215	1227		1247	1257		1317	1328			1347
Grays (GRY) d		1117			1148			1217			1247			1317				1347
Tilbury Town (TIL) 3 d		1120			1151			1220			1250			1320				1350
East Tilbury (ETL) d		1126			1157			1226			1256			1326				1356
Stanford-le-Hope (SFO) d		1130			1201			1230			1300			1330				1400
West Horndon (WHR) d	1101			1131			1201			1231			1301					1331
Laindon (LAI) d	1106			1136			1206			1236			1306					1336
Basildon (BSO) d	1109			1139			1209			1239			1309					1339
Pitsea (PSE) d	1113	1138		1143	1209		1213	1238		1243	1308		1313	1338				1343
Benfleet (BEF) d	1116	1142		1146	1213		1216	1242		1246	1312		1316	1342				1346
Leigh-on-Sea (LES) d	1121	1146		1151	1217		1221	1246		1251	1316		1321	1346				1351
Chalkwell (CHW) d	1123	1149		1153	1220		1223	1249		1253	1319		1323	1349				1353
Westcliff (WCF) d	1125	1151		1155	1222		1225	1251		1255	1321		1325	1351				1355
Southend Central (SOC) a	1128	1154		1158	1225		1228	1254		1258	1324		1328	1354				1358
Southend Central (SOC) d	1128			1158			1228			1258			1328					1358
Southend East (SOE) d	1130			1200			1230			1300			1330					1400
Thorpe Bay (TPB) d	1133			1203			1233			1303			1333					1403
Shoeburyness (SRY) a	1137			1207			1237			1307			1337					1407

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	1334	1341	1353	1404	1411	1423	1434	1441	1453	1504	1511	1519		1523	1534	1541	1548	1552
Limehouse (LHS)	DLR d	1338	1345	1357	1408	1415	1427	1438	1445	1457	1508	1515	1523		1527	1538	1545	1552	1556
West Ham (WEH)	DLR d	1343	1350	1402	1413	1420	1432	1443	1450	1502	1513	1520	1528		1532	1544	1550	1558	1602
London Liverpool Street (LST)	15 d																		
Stratford (SRA)	DLR 7 d																		
Barking (BKG)	d	1348	1355	1408	1418	1425	1438	1448	1455	1508	1518	1525	1533		1538	1549	1556	1603	1608
Upminster (UPM)	d	1356	1403		1426	1433		1456	1503		1526	1533	1541			1558	1604	1612	
Ockendon (OCK)	d		1409			1439			1509			1539					1610		
Chafford Hundred Lakeside (CFH)	d		1413			1443			1513			1543					1614		
Dagenham Dock (DDK)	d			1412			1442			1512					1543				1612
Rainham (RNM)	d			1416			1446			1516					1546				1616
Purfleet (PFL)	d			1421			1451			1521					1551				1621
Grays (GRY)	a		1417	1428		1447	1457		1517	1527		1547			1557		1619		1628
Grays (GRY)	d		1417			1447			1517			1547					1619		
Tilbury Town (TIL)	8 d		1420			1450			1520			1550		1550			1622		
East Tilbury (ETL)	d		1426			1456			1526					1556			1628		
Stanford-le-Hope (SFO)	d		1430			1500			1530					1600			1632		
West Horndon (WHR)	d	1401			1431			1501			1531					1603			
Laindon (LAI)	d	1406			1436			1506			1536		1549			1607		1620	
Basildon (BSO)	d	1409			1439			1509			1539		1553			1610		1623	
Pitsea (PSE)	d	1413	1438		1443	1508		1513	1538		1543			1608		1614	1640a		
Benfleet (BEF)	d	1416	1442		1446	1512		1516	1542		1546		1558	1612		1617		1629	
Leigh-on-Sea (LES)	d	1421	1446		1451	1516		1521	1546		1551		1603	1616		1622		1634	
Chalkwell (CHW)	d	1423	1449		1453	1519		1523	1549		1553		1605	1619		1624		1637	
Westcliff (WCF)	d	1425	1451		1455	1521		1525	1551		1555		1607	1621		1627		1639	
Southend Central (SOC)	a	1428	1454		1458	1524		1528	1554		1558		1610	1624		1629		1641	
Southend Central (SOC)	d	1428			1458			1528			1558		1610			1630		1642	
Southend East (SOE)	d	1430			1500			1530			1600		1612			1632		1644	
Thorpe Bay (TPB)	d	1433			1503			1533			1603		1615			1634		1646	
Shoeburyness (SRY)	a	1437			1507			1537			1607		1621			1638		1652	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	1600	1604	1607	1610	1616	1621	1625	1628	1631	1636	1644	1650	1654	1657	1704	1707	1710	1716
Limehouse (LHS)	DLR d	1605	1609	1612	1615	1621	1626	1630	1633	1636	1641	1649	1655	1659	1702	1709	1712	1715	1721
West Ham (WEH)	DLR d	1610	1614	1617	1621	1626	1631	1635	1638	1641	1646	1654	1700	1704	1707	1714	1717	1720	1726
London Liverpool Street (LST)	15 d																		
Stratford (SRA)	DLR 7 d																		
Barking (BKG)	d	1616	1620	1623	1626	1632	1638	1641	1644		1652	1700	1706	1710		1720	1723	1726	
Upminster (UPM)	d	1624		1631	1635	1640		1649	1653	1656		1708		1718	1722	1729		1734	1739
Ockendon (OCK)	d				1640			1657						1726				1740	
Chafford Hundred Lakeside (CFH)	d				1644			1701						1730				1744	
Dagenham Dock (DDK)	d		1625				1643				1657		1711					1728	
Rainham (RNM)	d		1629				1647				1701		1715					1732	
Purfleet (PFL)	d		1634				1652				1707		1721					1738	
Grays (GRY)	a		1640		1648		1658	1706			1712		1726	1735				1743	1750
Grays (GRY)	d				1649		1659				1713		1727					1744	
Tilbury Town (TIL)	8 d				1652		1702				1716		1731					1748	
East Tilbury (ETL)	d				1658		1708				1722		1737					1754	
Stanford-le-Hope (SFO)	d				1701		1712				1726		1741					1758	
West Horndon (WHR)	d			1636		1645				1701		1713					1734		
Laindon (LAI)	d			1641		1650			1701	1706		1718			1730	1739			1747
Basildon (BSO)	d	1634		1645		1654		1705	1710						1734	1743			
Pitsea (PSE)	d			1648	1709a	1657	1720a			1713	1741f	1723	1749a			1746	1806a		1752
Benfleet (BEF)	d	1640		1652					1711	1717	1745	1727			1740	1750			1756
Leigh-on-Sea (LES)	d	1645		1657					1716	1721	1750a	1732			1745	1755			1801
Chalkwell (CHW)	d	1647		1700		1705			1718	1724		1734			1747	1758			1804
Westcliff (WCF)	d	1649		1702		1707			1720	1726		1736			1749	1800			1806
Southend Central (SOC)	a	1652		1704		1710			1723	1728		1739			1752	1802			1808
Southend Central (SOC)	d	1652		1705		1710			1723	1729		1739			1752	1803			1809
Southend East (SOE)	d	1654		1707		1712			1725	1731		1741			1754	1805			1811
Thorpe Bay (TPB)	d	1657		1709		1715			1728	1733		1744			1757	1807			1813
Shoeburyness (SRY)	a	1701		1713		1719			1732	1737		1748			1802	1811			1817

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- f Arrives 6 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d	1719	1722	1725	1730	1734	1737	1740	1743	1747	1752	1758	1803	1807	1810	1816	1819	1822	1830
Limehouse (LHS) DLR d	1724	1727	1730	1735	1739	1742	1745	1748	1752	1757	1803	1808	1812	1815	1821	1824	1827	1835
West Ham (WEH) DLR d	1729	1732	1735	1740	1744	1747	1750	1753	1757	1802	1808	1813	1817	1820	1826	1829	1832	1840
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) e d		1738	1741		1750	1753			1803	1808		1819	1823	1826		1835	1838	
Upminster (UPM) e d	1744		1749	1754	1759		1804		1811		1821	1827		1834		1844		1853
Ockendon (OCK) d			1757				1810							1840				
Chafford Hundred Lakeside (CFH) d			1801				1814							1844				
Dagenham Dock (DDK) d		1743				1758				1813			1828					1843
Rainham (RNM) d		1747				1802				1817			1832					1847
Purfleet (PFL) d		1753				1808				1823			1838					1853
Grays (GRY) a		1758	1806			1813	1820			1828			1843	1849				1859
Grays (GRY) d		1759				1814				1829			1844					1900
Tilbury Town (TIL) 3 d		1802				1817				1832			1847					1903
East Tilbury (ETL) d		1808				1823				1838			1853					1903
Stanford-le-Hope (SFO) d		1812				1827				1843			1857					1903
West Horndon (WHR) d	1749				1804				1816			1832				1849		
Laindon (LAI) d	1754			1803	1809			1815	1821		1829	1837			1846	1854		1901
Basildon (BSO) d	1758				1812				1825			1841				1858		1905
Pitsea (PSE) d	1801	1821a		1808	1816	1835a				1851a	1834	1845	1905a			1901		
Benfleet (BEF) d	1805			1812	1820			1824	1831		1838	1849			1854	1905		1911
Leigh-on-Sea (LES) d	1810			1817	1825			1829	1836		1843	1854			1859	1910		1916
Chalkwell (CHW) d	1813			1819	1827			1831	1838		1846	1856			1902	1913		1918
Westcliff (WCF) d	1815			1821	1829			1833	1840		1848	1858			1905	1915		1920
Southend Central (SOC) a	1817			1824	1832			1836	1843		1850	1901			1907	1917		1923
Southend Central (SOC) d	1818			1824	1832			1836			1851	1901			1908	1918		1923
Southend East (SOE) d	1820			1826	1834			1838			1853	1903			1910	1920		1925
Thorpe Bay (TPB) d	1822			1829	1837			1841			1856	1906			1912	1922		1928
Shoeburyness (SRY) a	1826			1834	1841			1845			1900	1910			1917	1926		1932

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d	1834		1840	1846	1851	1855		1907	1911	1918		1923	1935	1941	1949		1953	2005
Limehouse (LHS) DLR d	1839		1845	1851	1856	1900		1912	1915	1923		1927	1939	1945	1953		1957	2009
West Ham (WEH) DLR d	1844		1850	1856	1901	1905		1917	1921	1928		1932	1944	1950	1958		2002	2014
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) e d	1850		1856		1908	1911		1923	1926	1934		1938	1950	1955	2004		2008	2019
Upminster (UPM) e d	1858		1904		1919			1931	1934	1942			1958	2003	2012			2027
Ockendon (OCK) d			1910						1940					2009				
Chafford Hundred Lakeside (CFH) d			1914						1944					2013				
Dagenham Dock (DDK) d					1913							1942						2014
Rainham (RNM) d					1917							1946						2017
Purfleet (PFL) d					1922							1951						2022
Grays (GRY) a			1918		1929				1948			1958		2017				2029
Grays (GRY) d		←	1918				←		1948		←			2017		←		
Tilbury Town (TIL) 3 d		1903	1921			1921			1951		1951			2020		2020		
East Tilbury (ETL) d		1909	→			1927			1957		1957			2026		2026		
Stanford-le-Hope (SFO) d		1913				1931					2001			2030				
West Horndon (WHR) d	1903					1924		1936					2003					2032
Laindon (LAI) d	1908			1915		1929		1941		1951			2007		2020			2037
Basildon (BSO) d	1911			1919		1933		1945		1954			2011		2023			2040
Pitsea (PSE) d	1915	1925e				1937	1941	1949		1958	2009		2014				2038	2044
Benfleet (BEF) d	1918	1929		1925		1941	1946	1953		2002	2013		2018		2029	2042		2047
Leigh-on-Sea (LES) d	1923	1933		1930		1945	1951	1958		2007	2017		2022		2033	2046		2052
Chalkwell (CHW) d	1925	1936		1932		1948	1953	2000		2010	2020		2025		2036	2049		2054
Westcliff (WCF) d	1927	1938		1934		1950	1955	2002		2013	2022		2027		2038	2051		2056
Southend Central (SOC) a	1930	1941		1937		1952	1958	2005		2016	2024		2029		2040	2054		2059
Southend Central (SOC) d	1930			1937		1953		2005		2016	2025		2030		2041			2059
Southend East (SOE) d	1932			1939		1955		2007		2018	2027		2032		2043			2101
Thorpe Bay (TPB) d	1935			1942		1957		2010		2020	2029		2034		2045			2104
Shoeburyness (SRY) a	1939			1946		2001		2014		2024	2033		2039		2049			2108

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- e Arrives 4 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	2011	2023	2034	2041	2053	2104	2111	2123	2134	2141	2153	2204	2211	2222	2234	2241	2254	2304
Limehouse (LHS)	DLR d	2015	2027	2038	2045	2057	2108	2115	2127	2138	2145	2157	2208	2215	2226	2238	2245	2258	2308
West Ham (WEH)	DLR d	2020	2032	2043	2050	2102	2113	2120	2132	2143	2150	2202	2213	2220	2231	2243	2250	2303	2313
London Liverpool Street (LST)	15 d																		
Stratford (SRA)	DLR 7 d																		
Barking (BKG)	DLR d	2025	2038	2048	2055	2108	2118	2125	2138	2149	2155	2208	2218	2225	2237	2248	2255	2309	2318
Upminster (UPM)	DLR d	2033		2056	2103		2126	2133		2157	2203		2226	2233		2256	2303		2326
Ockendon (OCK)	d	2039			2109			2139			2209			2239			2309		
Chafford Hundred Lakeside (CFH)	d	2043			2113			2143			2213			2243			2313		
Dagenham Dock (DDK)	d		2042			2112			2142			2212			2242			2313	
Rainham (RNM)	d		2046			2116			2146			2216			2246			2317	
Purfleet (PFL)	d		2051			2121			2151			2221			2251			2322	
Grays (GRY)	a	2048	2058		2117	2128		2147	2158		2217	2227		2247	2258		2317	2328	
Grays (GRY)	d	2048			2117			2147			2217			2247			2317		
Tilbury Town (TIL)	8 d	2051			2120			2150			2220			2250			2320		
East Tilbury (ETL)	d	2057			2126			2156			2226			2256			2326		
Stanford-le-Hope (SFO)	d	2101			2130			2200			2230			2300			2330		
West Horndon (WHR)	d			2101			2131			2202			2231			2301			2331
Laindon (LAI)	d			2106			2136			2207			2236			2306			2336
Basildon (BSO)	d			2109			2139			2210			2239			2309			2339
Pitsea (PSE)	d	2109		2113	2138		2143	2208		2214	2238		2243	2308		2313	2338		2343
Benfleet (BEF)	d	2113		2116	2142		2146	2212		2218	2242		2246	2312		2316	2342		2346
Leigh-on-Sea (LES)	d	2117		2121	2146		2151	2216		2223	2246		2251	2316		2321	2346		2351
Chalkwell (CHW)	d	2120		2123	2149		2153	2219		2226	2249		2253	2319		2323	2349		2353
Westcliff (WCF)	d	2122		2125	2151		2155	2221		2228	2251		2255	2321		2325	2351		2355
Southend Central (SOC)	a	2124		2128	2153		2158	2224		2230	2254		2258	2323		2328	2353		2358
Southend Central (SOC)	d	2125		2128	2153		2158			2231			2258	2324		2328	2354		2358
Southend East (SOE)	d	2127		2130	2155		2200			2233			2300	2326		2330	2356		2359
Thorpe Bay (TPB)	d	2129		2133	2158		2203			2235			2303	2328		2333	2358		0003
Shoeburyness (SRY)	a	2133		2137	2202		2207			2239			2307	2332		2337	0003		0008

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Days of operation/Notes	TSM	TSM	TSM	TSM	TSM	TSM	TSM	TSM	TSM	
London Fenchurch Street (FST)	7 d	2311	2324	2334	2341	2354	0004	0011	0024	0034
Limehouse (LHS)	DLR d	2315	2328	2338	2345	2358	0008	0015	0028	0038
West Ham (WEH)	DLR d	2320	2333	2343	2350	0003	0013	0020	0033	0043
London Liverpool Street (LST)	15 d									
Stratford (SRA)	DLR 7 d									
Barking (BKG)	DLR d	2325	2339	2348	2355	0009	0018	0025	0039	0049
Upminster (UPM)	DLR d	2333		2356	0004		0026	0033		0057
Ockendon (OCK)	d	2339			0009			0039		
Chafford Hundred Lakeside (CFH)	d	2343			0013			0042		
Dagenham Dock (DDK)	d		2343			0013			0043	
Rainham (RNM)	d		2347			0017			0047	
Purfleet (PFL)	d		2352			0022			0052	
Grays (GRY)	a	2347	2358		0017	0028		0046	0058	
Grays (GRY)	d	2347			0018			0046		
Tilbury Town (TIL)	8 d	2350			0021			0049		
East Tilbury (ETL)	d	2356			0027			0055		
Stanford-le-Hope (SFO)	d	2359			0030			0059		
West Horndon (WHR)	d			0001			0031			0102
Laindon (LAI)	d			0006			0036			0107
Basildon (BSO)	d			0009			0039			0110
Pitsea (PSE)	d	0007		0013	0038		0043	0107		0114
Benfleet (BEF)	d	0011		0016	0042		0046	0111		0117
Leigh-on-Sea (LES)	d	0015		0021	0047		0051	0115		0122
Chalkwell (CHW)	d	0018		0023	0049		0053	0118		0124
Westcliff (WCF)	d	0020		0025	0051		0055	0120		0126
Southend Central (SOC)	a	0022		0028	0054		0058	0122		0129
Southend Central (SOC)	d	0023		0028	0054		0058	0122		0129
Southend East (SOE)	d	0025		0030	0056		0100	0124		0131
Thorpe Bay (TPB)	d	0027		0033	0058		0103	0127		0134
Shoeburyness (SRY)	a	0031		0037	0102		0107	0131		0138

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

TSM Tuesday to Saturday mornings

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d		0500			0523	0530		0537	0553	0600		0607	0623	0630		0637	0653	0700
Limehouse (LHS) DLR d		0504			0527	0534		0541	0557	0604		0611	0627	0634		0641	0657	0704
West Ham (WEH) DLR d		0509			0533	0539		0547	0603	0609		0617	0633	0639		0647	0703	0709
London Liverpool Street (LST) 15 d																		
Stratford (SRA) DLR 7 d																		
Barking (BKG) 7 d	0508	0514		0523	0538	0544		0553	0608	0614		0623	0638	0644		0653	0708	0714
Upminster (UPM) 7 d	0517	0523			0547	0553			0617	0623			0647	0653			0717	0723
Ockendon (OCK) d	0522				0552				0622				0652					0722
Chafford Hundred Lakeside (CFH) d	0526				0556				0626				0656					0726
Dagenham Dock (DDK) d				0527				0557				0627					0657	
Rainham (RNM) d				0531				0601				0631					0701	
Purfleet (PFL) d				0536				0606				0636					0706	
Grays (GRY) a	0530			0542	0600			0612	0630			0642	0700				0712	0730
Grays (GRY) d	0530		←		0600		←		0630		←		0700		←			0730
Tilbury Town (TIL) 8 d	0533		0533		0603		0603		0633		0633		0703		0703			0733
East Tilbury (ETL) d	←		0539		←		0609		←		0639		←		0709		←	
Stanford-le-Hope (SFO) d			0543				0613				0643				0713			
West Horndon (WHR) d		0528				0558				0628				0658				0728
Laindon (LAI) d		0532				0602				0632				0702				0732
Basildon (BSO) d		0536				0606				0636				0706				0736
Pitsea (PSE) d		0539	0552			0609	0622			0639	0652			0709	0722			0739
Benfleet (BEF) d		0543	0556			0613	0626			0643	0656			0713	0726			0743
Leigh-on-Sea (LES) d		0547	0600			0617	0630			0647	0700			0717	0730			0747
Chalkwell (CHW) d		0550	0603			0620	0633			0650	0703			0720	0733			0750
Westcliff (WCF) d		0552	0605			0622	0635			0652	0705			0722	0735			0752
Southend Central (SOC) a		0554	0607			0624	0637			0654	0707			0724	0737			0754
Southend Central (SOC) d		0555	0608			0625	0638			0655	0708			0725	0738			0755
Southend East (SOE) d		0557	0610			0627	0640			0657	0710			0727	0740			0757
Thorpe Bay (TPB) d		0559	0612			0629	0642			0659	0712			0729	0742			0759
Shoeburyness (SRY) a		0603	0617			0633	0647			0703	0717			0733	0747			0803

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST) 7 d		0707	0723	0730		0737	0753	0800		0807	0823	0830		0837		0853	0900	
Limehouse (LHS) DLR d		0711	0727	0734		0741	0757	0804		0811	0827	0834		0841		0857	0904	
West Ham (WEH) DLR d		0717	0733	0739		0747	0803	0809		0817	0833	0839		0847		0903	0909	
London Liverpool Street (LST) 15 d																0845		
Stratford (SRA) DLR 7 d																0852		
Barking (BKG) 7 d		0723	0738	0744		0753	0808	0814		0823	0838	0844		0853	0903	0908	0914	
Upminster (UPM) 7 d			0747	0753			0817	0823			0847	0853			0913	0917	0923	
Ockendon (OCK) d			0752				0822				0852					0922		
Chafford Hundred Lakeside (CFH) d			0756				0826				0856					0926		
Dagenham Dock (DDK) d		0727				0757				0827				0857				
Rainham (RNM) d		0731				0801				0831				0901				
Purfleet (PFL) d		0736				0806				0836				0906				
Grays (GRY) a		0742	0800			0812	0830			0842	0900			0912		0930		
Grays (GRY) d	←		0800		←		0830		←		0900		←			0930		←
Tilbury Town (TIL) 8 d	0733		0803		0803		0833		0833		0903		0903			0933		0933
East Tilbury (ETL) d	0739		←		0809		←		0839		←		0909		←			0939
Stanford-le-Hope (SFO) d	0743				0813				0843				0913					0943
West Horndon (WHR) d				0758				0828					0858					0928
Laindon (LAI) d				0802				0832					0902			0921		0932
Basildon (BSO) d				0806				0836					0906			0924		0936
Pitsea (PSE) d	0752		0809	0822			0839	0852			0909	0922					0939	0952
Benfleet (BEF) d	0756		0813	0826			0843	0856			0913	0926			0930		0943	0956
Leigh-on-Sea (LES) d	0800		0817	0830			0847	0900			0917	0930			0934		0947	1000
Chalkwell (CHW) d	0803		0820	0833			0850	0903			0920	0933			0937		0950	1003
Westcliff (WCF) d	0805		0822	0835			0852	0905			0922	0935			0939		0952	1005
Southend Central (SOC) a	0807		0824	0837			0854	0907			0924	0937			0941		0954	1007
Southend Central (SOC) d	0808		0825	0838			0855	0908			0925	0938			0942		0955	1008
Southend East (SOE) d	0810		0827	0840			0857	0910			0927	0940			0944		0957	1010
Thorpe Bay (TPB) d	0812		0829	0842			0859	0912			0929	0942			0946		0959	1012
Shoeburyness (SRY) a	0817		0833	0847			0903	0917			0933	0947			0950		1003	1017

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7 d	0907		0923	0930		0937		0953	1000		1007		1023	1030		1037	1053	
Limehouse (LHS)	DLR d	0911		0927	0934		0941		0957	1004		1011		1027	1034		1041	1057	
West Ham (WEH)	DLR d	0917		0933	0939		0947		1003	1009		1017		1033	1039		1047	1103	
London Liverpool Street (LST)	15 d		0915					0945					1015					1045	
Stratford (SRA)	DLR 7 d		0922					0952					1022					1052	
Barking (BKG)	DLR d	0923	0933	0938	0944		0953	1003	1008	1014		1023	1033	1038	1044		1053	1103	1108
Upminster (UPM)	DLR d		0943	0947	0953			1013	1017	1023			1043	1047	1053			1113	1117
Ockendon (OCK)	d			0952					1022					1052					1122
Chafford Hundred Lakeside (CFH)	d			0956					1026					1056					1126
Dagenham Dock (DDK)	d	0927					0959					1027						1057	
Rainham (RNM)	d	0931					1002					1031						1101	
Purfleet (PFL)	d	0936					1007					1036						1106	
Grays (GRY)	a	0942		1000			1014		1030			1042		1100			1112	1130	
Grays (GRY)	d			1000					1030					1100				1130	
Tilbury Town (TIL)	3 d			1003					1033			1033		1103			1103	1133	
East Tilbury (ETL)	d						1009					1039					1109		
Stanford-le-Hope (SFO)	d						1013					1043					1113		
West Horndon (WHR)	d				0958					1028					1058				
Laindon (LAI)	d		0951		1002			1021		1032			1051		1102			1121	
Basildon (BSO)	d		0954		1006			1024		1036			1054		1106			1124	
Pitsea (PSE)	d				1009	1022				1039	1052				1109	1122			
Benfleet (BEF)	d		1000		1013	1026		1030		1043	1056		1100		1113	1126		1130	
Leigh-on-Sea (LES)	d		1004		1017	1030		1034		1047	1100		1104		1117	1130		1134	
Chalkwell (CHW)	d		1007		1020	1033		1037		1050	1103		1107		1120	1133		1137	
Westcliff (WCF)	d		1009		1022	1035		1039		1052	1105		1109		1122	1135		1139	
Southend Central (SOC)	a		1011		1024	1037		1041		1054	1107		1111		1124	1137		1141	
Southend Central (SOC)	d		1012		1025	1038		1042		1055	1108		1112		1125	1138		1142	
Southend East (SOE)	d		1014		1027	1040		1044		1057	1110		1114		1127	1140		1144	
Thorpe Bay (TPB)	d		1016		1029	1042		1046		1059	1112		1116		1129	1142		1146	
Shoeburyness (SRY)	a		1020		1033	1047		1050		1103	1117		1120		1133	1147		1150	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	1100		1107		1123	1130		1137		1153	1200		1207		1223	1230	1237
Limehouse (LHS)	DLR d	1104		1111		1127	1134		1141		1157	1204		1211		1227	1234	1241
West Ham (WEH)	DLR d	1109		1117		1133	1139		1147		1203	1209		1217		1233	1239	1247
London Liverpool Street (LST)	15 d				1115					1145					1215			
Stratford (SRA)	DLR 7 d				1122					1152					1222			
Barking (BKG)	DLR d	1114		1123	1133	1138	1144		1153	1204	1208	1214		1223	1233	1238	1244	1253
Upminster (UPM)	DLR d	1123			1143	1147	1153			1214	1217	1223			1243	1247	1253	
Ockendon (OCK)	d					1152					1222					1252		
Chafford Hundred Lakeside (CFH)	d					1156					1226					1256		
Dagenham Dock (DDK)	d			1127					1157					1227				1257
Rainham (RNM)	d			1131					1201					1231				1301
Purfleet (PFL)	d			1136					1206					1236				1306
Grays (GRY)	a			1142		1200			1212		1230			1242		1300		1312
Grays (GRY)	d					1200					1230					1300		
Tilbury Town (TIL)	3 d			1133		1203		1203		1233		1233		1303		1303		1303
East Tilbury (ETL)	d			1139				1209				1239				1309		1309
Stanford-le-Hope (SFO)	d			1143				1213				1243				1313		1313
West Horndon (WHR)	d	1128					1158					1228						1258
Laindon (LAI)	d	1132			1151		1202			1222	1232			1251		1302		
Basildon (BSO)	d	1136			1154		1206			1225	1236			1254		1306		
Pitsea (PSE)	d	1139	1152				1209	1222			1239	1252				1309	1322	
Benfleet (BEF)	d	1143	1156		1200		1213	1226		1231	1243	1256		1300		1313	1326	
Leigh-on-Sea (LES)	d	1147	1200		1204		1217	1230		1235	1247	1300		1304		1317	1330	
Chalkwell (CHW)	d	1150	1203		1207		1220	1233		1238	1250	1303		1307		1320	1333	
Westcliff (WCF)	d	1152	1205		1209		1222	1235		1240	1252	1305		1309		1322	1335	
Southend Central (SOC)	a	1154	1207		1211		1224	1237		1242	1254	1307		1311		1324	1337	
Southend Central (SOC)	d	1155	1208		1212		1225	1238		1243	1255	1308		1312		1325	1338	
Southend East (SOE)	d	1157	1210		1214		1227	1240		1245	1257	1310		1314		1327	1340	
Thorpe Bay (TPB)	d	1159	1212		1216		1229	1242		1247	1259	1312		1316		1329	1342	
Shoeburyness (SRY)	a	1203	1217		1220		1233	1247		1251	1303	1317		1320		1333	1347	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST) 7 d		1253	1300		1307		1323	1330		1337		1353	1400		1407		1423	1430
Limehouse (LHS) DLR d		1257	1304		1311		1327	1334		1341		1357	1404		1411		1427	1434
West Ham (WEH) DLR d		1303	1309		1317		1333	1339		1347		1403	1409		1417		1433	1439
London Liverpool Street (LST) 15 d	1245					1315					1345					1415		
Stratford (SRA) DLR 7 d	1252					1322					1352				1422			
Barking (BKG) DLR d	1303	1308	1314		1323	1333	1338	1344		1353	1403	1408	1414		1423	1433	1438	1444
Upminster (UPM) DLR d	1313	1317	1323			1343	1347	1353			1413	1417	1423			1443	1447	1453
Ockendon (OCK) d		1322					1352					1422						1452
Chafford Hundred Lakeside (CFH) d		1326					1356					1426						1456
Dagenham Dock (DDK) d					1329					1357						1427		
Rainham (RNM) d					1332					1401						1431		
Purfleet (PFL) d					1337					1406						1436		
Grays (GRY) a		1330			1344		1400			1412		1430			1442		1500	
Grays (GRY) d		1330		↔			1400		↔			1430		↔			1500	
Tilbury Town (TIL) 8 d		1333		↔			1403		↔			1433		↔			1503	
East Tilbury (ETL) d		↔		↔			↔		↔			↔		↔			↔	
Stanford-le-Hope (SFO) d				1343						1413				1443				
West Horndon (WHR) d			1328					1358					1428					1458
Laindon (LAI) d	1321		1332			1351		1402			1421		1432			1451		1502
Basildon (BSO) d	1324		1336			1354		1406			1424		1436			1454		1506
Pitsea (PSE) d			1339	1352				1409	1422				1439	1452				1509
Benfleet (BEF) d	1330		1343	1356		1400	1413	1426		1430		1443	1456		1500		1513	
Leigh-on-Sea (LES) d	1334		1347	1400		1404	1417	1430		1434		1447	1500		1504		1517	
Chalkwell (CHW) d	1337		1350	1403		1407	1420	1433		1437		1450	1503		1507		1520	
Westcliff (WCF) d	1339		1352	1405		1409	1422	1435		1439		1452	1505		1509		1522	
Southend Central (SOC) a	1341		1354	1407		1411	1424	1437		1441		1454	1507		1511		1524	
Southend Central (SOC) d	1342		1355	1408		1412	1425	1438		1442		1455	1508		1512		1525	
Southend East (SOE) d	1344		1357	1410		1414	1427	1440		1444		1457	1510		1514		1527	
Thorpe Bay (TPB) d	1346		1359	1412		1416	1429	1442		1446		1459	1512		1516		1529	
Shoeburyness (SRY) a	1350		1403	1417		1420	1433	1447		1450		1503	1517		1520		1533	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST) 7 d		1437		1453	1500		1507		1523	1530		1537		1553	1600		1607	
Limehouse (LHS) DLR d		1441		1457	1504		1511		1527	1534		1541		1557	1604		1611	
West Ham (WEH) DLR d		1447		1503	1509		1517		1533	1539		1547		1603	1609		1617	
London Liverpool Street (LST) 15 d			1445				1515					1545					1615	
Stratford (SRA) DLR 7 d			1452				1522					1552					1622	
Barking (BKG) DLR d		1453	1503	1508	1514		1523	1533	1538	1544		1553	1603	1608	1614		1623	1633
Upminster (UPM) DLR d			1513	1517	1523			1543	1547	1553			1613	1617	1623			1643
Ockendon (OCK) d				1522					1552					1622				
Chafford Hundred Lakeside (CFH) d				1526					1556					1626				
Dagenham Dock (DDK) d		1457					1527					1557					1627	
Rainham (RNM) d		1501					1531					1601					1631	
Purfleet (PFL) d		1506					1536					1606					1636	
Grays (GRY) a		1512		1530			1542		1600			1612		1630			1642	
Grays (GRY) d	↔			1530		↔			1600		↔			1630		↔		
Tilbury Town (TIL) 8 d	1503			1533		1533			1603		1603			1633		1633		
East Tilbury (ETL) d	1509		↔			1539		↔			1609		↔			1639		
Stanford-le-Hope (SFO) d	1513					1543					1613					1643		
West Horndon (WHR) d					1528					1558					1628			
Laindon (LAI) d			1521		1532			1551		1602			1621		1632		1651	
Basildon (BSO) d			1524		1536			1554		1606			1624		1636		1654	
Pitsea (PSE) d	1522				1539	1552				1609	1622				1639	1652		
Benfleet (BEF) d	1526		1530		1543	1556		1600		1613	1626		1630		1643	1656		1700
Leigh-on-Sea (LES) d	1530		1534		1547	1600		1604		1617	1630		1634		1647	1700		1704
Chalkwell (CHW) d	1533		1537		1550	1603		1607		1620	1633		1637		1650	1703		1707
Westcliff (WCF) d	1535		1539		1552	1605		1609		1622	1635		1639		1652	1705		1709
Southend Central (SOC) a	1537		1541		1554	1607		1611		1624	1637		1641		1654	1707		1711
Southend Central (SOC) d	1538		1542		1555	1608		1612		1625	1638		1642		1655	1708		1712
Southend East (SOE) d	1540		1544		1557	1610		1614		1627	1640		1644		1657	1710		1714
Thorpe Bay (TPB) d	1542		1546		1559	1612		1616		1629	1642		1646		1659	1712		1716
Shoeburyness (SRY) a	1547		1550		1603	1617		1620		1633	1647		1650		1703	1717		1720

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- a Arrival time
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London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST)	7 d	1623	1630	1637	1641	1653	1700	1707	1711	1717	1723	1730	1737	1741	1753	1800	
Limehouse (LHS)	DLR d	1627	1634	1641	1657	1704	1711	1717	1723	1730	1737	1741	1747	1753	1800		
West Ham (WEH)	DLR d	1633	1639	1647	1703	1709	1717	1723	1730	1737	1743	1750	1757	1803	1809		
London Liverpool Street (LST)	15 d				1645				1715					1745			
Stratford (SRA)	DLR 7 d				1652				1722					1752			
Barking (BKG)	7 d	1638	1644	1653	1703	1714	1723	1733	1743	1753	1763	1773	1783	1793	1803	1814	1824
Upminster (UPM)	7 d	1647	1653		1713	1717	1723		1743	1747	1753			1813	1817	1823	
Ockendon (OCK)	d	1652				1722				1752					1822		
Chafford Hundred Lakeside (CFH)	d	1656				1726				1756					1826		
Dagenham Dock (DDK)	d			1657					1727				1757				
Rainham (RNM)	d			1701					1731				1801				
Purfleet (PFL)	d			1706					1736				1806				
Grays (GRY)	a	1700		1712		1730		1742		1800		1812		1830			
Grays (GRY)	d	1700				1730				1800				1830			
Tilbury Town (TIL)	8 d	1703		1703		1733		1733		1803		1803		1833		1833	
East Tilbury (ETL)	d			1709		1739		1739		1809		1809		1839		1839	
Stanford-le-Hope (SFO)	d			1713		1743		1743		1813		1813		1843		1843	
West Horndon (WHR)	d		1658			1728				1758				1828			
Laindon (LAI)	d		1702		1721	1732		1751		1802			1821	1832			
Basildon (BSO)	d		1706		1724	1736		1754		1806			1824	1836			
Pitsea (PSE)	d		1709	1722		1739	1752		1809	1822			1839	1852			
Benfleet (BEF)	d		1713	1726	1730	1743	1756	1800	1813	1826	1830	1843	1856				
Leigh-on-Sea (LES)	d		1717	1730	1734	1747	1800	1804	1817	1830	1834	1847	1900				
Chalkwell (CHW)	d		1720	1733	1737	1750	1803	1807	1820	1833	1837	1850	1903				
Westcliff (WCF)	d		1722	1735	1739	1752	1805	1809	1822	1835	1839	1852	1905				
Southend Central (SOC)	a		1724	1737	1741	1754	1807	1811	1824	1837	1841	1854	1907				
Southend Central (SOC)	d		1725	1738	1742	1755	1808	1812	1825	1838	1842	1855	1908				
Southend East (SOE)	d		1727	1740	1744	1757	1810	1814	1827	1840	1844	1857	1910				
Thorpe Bay (TPB)	d		1729	1742	1746	1759	1812	1816	1829	1842	1846	1859	1912				
Shoeburyness (SRY)	a		1733	1747	1750	1803	1817	1820	1833	1847	1850	1903	1917				

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
London Fenchurch Street (FST)	7 d	1807		1823	1830	1837	1853	1900	1907	1915	1923	1930	1937	1945	1953		
Limehouse (LHS)	DLR d	1811		1827	1834	1841	1857	1904	1911	1919	1927	1934	1941	1949	1957		
West Ham (WEH)	DLR d	1817		1833	1839	1847	1903	1909	1917	1925	1933	1939	1947	1955	2003		
London Liverpool Street (LST)	15 d		1815			1845			1915					1945			
Stratford (SRA)	DLR 7 d		1822			1852			1922					1952			
Barking (BKG)	7 d	1823	1833	1838	1844	1853	1903	1908	1914	1923	1933	1938	1944	1953	2003	2008	
Upminster (UPM)	7 d		1843	1847	1853		1913	1917	1923		1943	1947	1953		2013	2017	
Ockendon (OCK)	d			1852				1922				1952				2022	
Chafford Hundred Lakeside (CFH)	d			1856				1926				1956				2026	
Dagenham Dock (DDK)	d	1827				1857			1927					1957			
Rainham (RNM)	d	1831				1901			1931					2001			
Purfleet (PFL)	d	1836				1906			1936					2006			
Grays (GRY)	a	1842		1900		1912		1930		1942		2000		2012		2030	
Grays (GRY)	d			1900				1930				2000		2012		2030	
Tilbury Town (TIL)	8 d			1903		1903		1933		1933		2003		2003		2033	
East Tilbury (ETL)	d			1909				1939		1939		2009		2009		2039	
Stanford-le-Hope (SFO)	d			1913				1943		1943		2013		2013		2043	
West Horndon (WHR)	d			1858				1928				1958					
Laindon (LAI)	d		1851	1902			1921	1932		1951	2002			2021			
Basildon (BSO)	d		1854	1906			1924	1936		1954	2006			2024			
Pitsea (PSE)	d			1909	1922			1939	1952			2009	2022				
Benfleet (BEF)	d		1900	1913	1926		1930	1943	1956		2000	2013	2026		2030		
Leigh-on-Sea (LES)	d		1904	1917	1930		1934	1947	2000		2004	2017	2030		2034		
Chalkwell (CHW)	d		1907	1920	1933		1937	1950	2003		2007	2020	2033		2037		
Westcliff (WCF)	d		1909	1922	1935		1939	1952	2005		2009	2022	2035		2039		
Southend Central (SOC)	a		1911	1924	1937		1941	1954	2007		2011	2024	2037		2041		
Southend Central (SOC)	d		1912	1925	1938		1942	1955	2008		2012	2025	2038		2042		
Southend East (SOE)	d		1914	1927	1940		1944	1957	2010		2014	2027	2040		2044		
Thorpe Bay (TPB)	d		1916	1929	1942		1946	1959	2012		2016	2029	2042		2046		
Shoeburyness (SRY)	a		1920	1933	1947		1950	2003	2017		2020	2033	2047		2050		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	2000		2007		2023	2030		2037		2053	2100		2107		2123	2130	2137
Limehouse (LHS)	DLR d	2004		2011		2027	2034		2041		2057	2104		2111		2127	2134	2141
West Ham (WEH)	DLR d	2009		2017		2033	2039		2047		2103	2109		2117		2133	2139	2147
London Liverpool Street (LST)	15 d			2015					2045					2115				
Stratford (SRA)	DLR 7 d			2022					2052					2122				
Barking (BKG)	7 d	2014		2023	2033	2038	2044		2053	2103	2108	2114		2123	2133	2138	2144	2153
Upminster (UPM)	7 d	2023			2043	2047	2053			2113	2117	2123		2143	2147	2153		
Ockendon (OCK)	d					2052										2152		
Chafford Hundred Lakeside (CFH)	d					2056										2156		
Dagenham Dock (DDK)	d			2027					2057					2129				2157
Rainham (RNM)	d			2031					2101					2132				2201
Purfleet (PFL)	d			2036					2106					2137				2206
Grays (GRY)	a			2042		2100			2112		2130			2144		2200		2212
Grays (GRY)	d		←			2100		←			2130		←			2200		←
Tilbury Town (TIL)	8 d	2033				2103		2103			2133		2133		2203			2203
East Tilbury (ETL)	d	2039				←		2109			←		2139		←			2209
Stanford-le-Hope (SFO)	d	2043						2113					2143					2213
West Horndon (WHR)	d	2028					2058						2128					2158
Laindon (LAI)	d	2032		2051			2102			2121		2132			2151		2202	
Basildon (BSO)	d	2036		2054			2106			2124		2136		2154		2206		
Pitsea (PSE)	d	2039	2052				2109	2122				2139	2152			2209	2222	
Benfleet (BEF)	d	2043	2056		2100		2113	2126		2130		2143	2156		2200	2213	2226	
Leigh-on-Sea (LES)	d	2047	2100		2104		2117	2130		2134		2147	2200		2204	2217	2230	
Chalkwell (CHW)	d	2050	2103		2107		2120	2133		2137		2150	2203		2207	2220	2233	
Westcliff (WCF)	d	2052	2105		2109		2122	2135		2139		2152	2205		2209	2222	2235	
Southend Central (SOC)	a	2054	2107		2111		2124	2137		2141		2154	2207		2211	2224	2237	
Southend Central (SOC)	d	2055	2108		2112		2125	2138		2142		2155	2208		2212	2225	2238	
Southend East (SOE)	d	2057	2110		2114		2127	2140		2144		2157	2210		2214	2227	2240	
Thorpe Bay (TPB)	d	2059	2112		2116		2129	2142		2146		2159	2212		2216	2229	2242	
Shoeburyness (SRY)	a	2103	2117		2120		2133	2147		2150		2203	2217		2220	2233	2247	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
London Fenchurch Street (FST)	7 d	2153	2200		2207		2223	2230		2237		2253	2300		2307		2323	
Limehouse (LHS)	DLR d	2157	2204		2211		2227	2234		2241		2257	2304		2311		2327	
West Ham (WEH)	DLR d	2203	2209		2217		2233	2239		2247		2303	2309		2317		2333	
London Liverpool Street (LST)	15 d	2145				2211					2241					2311		
Stratford (SRA)	DLR 7 d	2152				2218					2248					2318		
Barking (BKG)	7 d	2203	2208	2214		2223	2232	2238	2244		2253	2302c	2308	2314		2323	2332	2338
Upminster (UPM)	7 d	2213	2217	2223		2242	2247	2253			2312	2317	2323		2341		2347	
Ockendon (OCK)	d						2252					2322					2352	
Chafford Hundred Lakeside (CFH)	d						2256					2326					2356	
Dagenham Dock (DDK)	d				2227					2257						2327		
Rainham (RNM)	d				2231					2301						2331		
Purfleet (PFL)	d				2236					2306						2336		
Grays (GRY)	a	2230			2242		2300			2312		2330			2341		0001	
Grays (GRY)	d	2230		←			2300		←			2330		←	2342		←	
Tilbury Town (TIL)	8 d	2233		2233			2303		2303		2333		2333	2345		2345	0005	
East Tilbury (ETL)	d	←		2239		←			2309		←		2339	←		2351	←	
Stanford-le-Hope (SFO)	d			2243					2313				2343			2354		
West Horndon (WHR)	d			2228					2258				2328			2346		
Laindon (LAI)	d	2221		2232		2250		2302			2320		2332			2351		
Basildon (BSO)	d	2224		2236		2254		2306			2324		2336			2354		
Pitsea (PSE)	d			2239	2252			2309	2321				2339	2351		2358	0003	
Benfleet (BEF)	d	2230		2243	2256		2300	2313	2325		2330		2343	2355		0001	0007	
Leigh-on-Sea (LES)	d	2234		2247	2300		2304	2317	2329		2334		2347	2359		0006	0011	
Chalkwell (CHW)	d	2237		2250	2303		2307	2320	2332		2337		2350	0002		0008	0014	
Westcliff (WCF)	d	2239		2252	2305		2309	2322	2334		2339		2352	0004		0010	0016	
Southend Central (SOC)	a	2241		2254	2307		2311	2324	2336		2341		2354	0006		0013	0018	
Southend Central (SOC)	d	2242		2255	2308		2312	2325	2337		2342		2355	0006		0013	0019	
Southend East (SOE)	d	2244		2257	2310		2314	2327	2339		2344		2357	0008		0015	0021	
Thorpe Bay (TPB)	d	2246		2259	2312		2316	2329	2341		2346		2359	0011		0018	0023	
Shoeburyness (SRY)	a	2250		2303	2316		2320	2333	2345		2350		0003	0015		0022	0027	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 3 minutes earlier

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Saturdays

Operator Days of operation/Notes	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
								SUM		SUM	SUM	
London Fenchurch Street (FST) 7 d	2330		2344				2359	0005		0015	0041	
Limehouse (LHS) DLR d	2334		2348				0003	0009		0019	0045	
West Ham (WEH) DLR d	2339		2353				0009	0014		0025	0050	
London Liverpool Street (LST) 15 d				2348								
Stratford (SRA) DLR 7 d				2355								
Barking (BKG) 6 d	2344		2358	0007			0015	0020		0030	0056	
Upminster (UPM) 6 d	2353		0007	0016				0028		0039	0104	
Ockendon (OCK) d			0012							0044		
Chafford Hundred Lakeside (CFH) d			0016							0048		
Dagenham Dock (DDK) d							0019					
Rainham (RNM) d							0023					
Purfleet (PFL) d							0028					
Grays (GRY) a			0020				0033			0052		
Grays (GRY) d		←	0020		←		0034		←	0052		
Tilbury Town (TIL) 3 d		0005	0023		0023	0037			0037	0055		
East Tilbury (ETL) d		0011	→		0029	→			0043	0101		
Stanford-le-Hope (SFO) d		0014			0033				0046	0105		
West Horndon (WHR) d	2358			0021			0033				0109	
Laindon (LAI) d	0001			0026			0038				0114	
Basildon (BSO) d	0006			0029			0041				0117	
Pitsea (PSE) d	0009	0022		0033	0041		0045	0055	0113	0121		
Benfleet (BEF) d	0013	0026		0036	0045		0048	0059	0117	0124		
Leigh-on-Sea (LES) d	0017	0031		0041	0049		0053	0103	0121	0129		
Chalkwell (CHW) d	0020	0033		0043	0052		0055	0106	0124	0131		
Westcliff (WCF) d	0022	0035		0045	0054		0057	0108	0126	0133		
Southend Central (SOC) a	0024	0038		0048	0056		0100	0110	0128	0136		
Southend Central (SOC) d	0025	0038		0048	0056		0100	0111	0128	0136		
Southend East (SOE) d	0027	0040		0050	0058		0102	0113	0130	0138		
Thorpe Bay (TPB) d	0029	0042		0052	0101		0105	0115	0133	0141		
Shoeburyness (SRY) a	0033	0046		0056	0105		0109	0119	0137	0145		

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

SUM Sunday mornings

London to Barking, Upminster, Basildon, Grays, Tilbury, Southend Central and Shoeburyness

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
London Fenchurch Street (FST)	7 d	1853	1905	1923	1935	1953	2005	2023	2035	2053	2105	2123	2138						
Limehouse (LHS)	DLR d	1857	1909	1927	1939	1957	2009	2027	2039	2057	2109	2127	2142						
West Ham (WEH)	DLR d	1902	1914	1932	1944	2002	2014	2032	2044	2102	2114	2132	2147						
London Liverpool Street (LST)	DLR 15 d		1915		1945		2015		2045		2115		2145						
Stratford (SRA)	DLR 7 d		1922		1952		2022		2052		2122		2152						
Barking (BKG)	DLR d	1908	1920	1933	1938	1950	2003	2008	2020	2033	2038	2050	2103	2108	2120	2133	2138	2153	2203
Upminster (UPM)	DLR d	1916		1942	1946	2012	2016	2042	2046	2112	2116	2142	2146	2212					
Ockendon (OCK)	d	1922		1952		2022		2052		2122		2152							
Chafford Hundred Lakeside (CFH)	d	1926		1956		2026		2056		2126		2156							
Dagenham Dock (DDK)	d		1925		1955		2025		2055		2125		2155						2158
Rainham (RNM)	d		1928		1958		2028		2058		2128		2158						2201
Purfleet (PFL)	d		1933		2003		2033		2103		2133		2203						2206
Grays (GRY)	a	1930	1940	2000	2010	2030	2040	2100	2110	2130	2140	2200	2213						
Grays (GRY)	d	1930		2000		2030		2100		2130		2200							
Tilbury Town (TIL)	8 d	1933		2003		2033		2103		2133		2203							
East Tilbury (ETL)	d	1939		2009		2039		2109		2139		2209							
Stanford-le-Hope (SFO)	d	1943		2013		2043		2113		2143		2213							
West Horndon (WHR)	d		1947		2017		2047		2117		2147		2217						2217
Laindon (LAI)	d		1952		2022		2052		2122		2152		2222						2222
Basildon (BSO)	d		1956		2026		2056		2126		2156		2226						2226
Pitsea (PSE)	d	1951	1959	2021	2029	2051	2059	2121	2129	2151	2159	2221	2229						2229
Benfleet (BEF)	d	1955	2003	2025	2033	2055	2103	2125	2133	2155	2203	2225	2233						2233
Leigh-on-Sea (LES)	d	2000	2007	2030	2037	2100	2107	2130	2137	2200	2207	2230	2237						2237
Chalkwell (CHW)	d	2002	2010	2032	2040	2102	2110	2132	2140	2202	2210	2232	2240						2240
Westcliff (WCF)	d	2004	2012	2034	2042	2104	2112	2134	2142	2204	2212	2234	2242						2242
Southend Central (SOC)	a	2007	2014	2037	2044	2107	2114	2137	2144	2207	2214	2237	2244						2244
Southend Central (SOC)	d	2007	2015	2037	2045	2107	2115	2137	2145	2207	2215	2237	2245						2245
Southend East (SOE)	d	2009	2017	2039	2047	2109	2117	2139	2147	2209	2217	2239	2247						2247
Thorpe Bay (TPB)	d	2012	2019	2042	2049	2112	2119	2142	2149	2212	2219	2242	2249						2249
Shoeburyness (SRY)	a	2016	2023	2046	2053	2116	2123	2146	2153	2216	2223	2246	2253						2253

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	MM
London Fenchurch Street (FST)	7 d	2153		2223		2311		2341	0011		
Limehouse (LHS)	DLR d	2157		2227		2315		2345	0015		
West Ham (WEH)	DLR d	2202		2232		2320		2350	0020		
London Liverpool Street (LST)	DLR 15 d		2215		2245		2315				
Stratford (SRA)	DLR 7 d		2222		2252		2322				
Barking (BKG)	DLR d	2208	2233	2238	2303	2326	2333	2356	0026		
Upminster (UPM)	DLR d	2216	2242	2246	2312	2334	2342	0005	0034		
Ockendon (OCK)	d	2222		2252		2340					
Chafford Hundred Lakeside (CFH)	d	2226		2256		2344					
Dagenham Dock (DDK)	d										
Rainham (RNM)	d										
Purfleet (PFL)	d										
Grays (GRY)	a	2230		2300		2348					
Grays (GRY)	d	2230		2300		2348		←			
Tilbury Town (TIL)	8 d	2233		2303		2351		2351			
East Tilbury (ETL)	d	2239		2309		←		2357			
Stanford-le-Hope (SFO)	d	2243		2313				0001			
West Horndon (WHR)	d		2247		2317		2347		0010	0039	
Laindon (LAI)	d		2252		2322		2352		0015	0044	
Basildon (BSO)	d		2256		2326		2356		0018	0047	
Pitsea (PSE)	d	2251	2259	2321	2329		2359	0009	0022	0051	
Benfleet (BEF)	d	2255	2303	2325	2333		0003	0013	0025	0054	
Leigh-on-Sea (LES)	d	2300	2307	2330	2337		0007	0017	0030	0059	
Chalkwell (CHW)	d	2302	2310	2332	2340		0010	0020	0032	0101	
Westcliff (WCF)	d	2304	2312	2334	2342		0012	0022	0034	0103	
Southend Central (SOC)	a	2307	2314	2337	2344		0014	0024	0037	0106	
Southend Central (SOC)	d	2307	2315	2337	2345		0015	0025	0037	0106	
Southend East (SOE)	d	2309	2317	2339	2347		0017	0027	0039	0108	
Thorpe Bay (TPB)	d	2312	2319	2342	2349		0019	0029	0042	0111	
Shoeburyness (SRY)	a	2316	2323	2346	2353		0023	0033	0046	0115	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- MM Monday mornings

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d		0415					0459	0513				0520	0528	0534			0544		
Thorpe Bay (TPB)	d	0406	0419			0435		0503	0508	0517			0524	0532	0538	0542		0548		
Southend East (SOE)	d	0408	0421			0437		0505	0510	0519			0526	0534	0540	0544		0550		
Southend Central (SOC)	a	0411	0424			0440		0508	0513	0522			0529	0537	0543	0547		0553		
Southend Central (SOC)	d	0411	0424			0440		0508	0513	0522			0529	0537	0543	0547		0553		
Westcliff (WCF)	d	0414	0426			0442		0510	0515	0524			0531	0539	0545	0549		0555		
Chalkwell (CHW)	d	0416	0429			0444		0513	0517	0527			0534	0542	0548	0552		0557		
Leigh-on-Sea (LES)	d	0419	0432			0447		0515	0520	0530			0536	0544	0550	0554		0600		
Benfleet (BEF)	d	0423	0437			0451		0520	0524	0535			0541	0549	0555	0559		0605		
Pitsea (PSE)	d	0428	0440			0456		0523	0529	0538			0546	0552	0602f			0608		
Basildon (BSO)	d		0444					0527		0542				0556				0612		
Laindon (LAI)	d		0447					0531		0546				0600		0606		0616		
West Horndon (WHR)	d		0451					0535		0550				0604				0620		
Stanford-le-Hope (SFO)	d	0434				0502			0535				0552		0608					
East Tilbury (ETL)	d	0437				0506			0539				0556		↳					
Tilbury Town (TIL)	Ⓜ d	0443				0512			0545				0602							
Grays (GRY)	a	0446		↳		0515			0548		↳		0605				↳			
Grays (GRY)	d	0446		0446	0454	0515	0524		0548		0548	0554	0606				0606	0615		
Purfleet (PFL)	d	↳			0500		0530		↳			0600	↳				0612			
Rainham (RNM)	d				0505		0535					0605					0618			
Dagenham Dock (DDK)	d				0509		0539					0609					0621			
Chafford Hundred Lakeside (CFH)	d			0450		0519					0551							0619		
Ockendon (OCK)	d			0454		0523					0555							0624		
Upminster (UPM)	Ⓜ d		0457	0500		0530		0541		0556	0602			0610		0615		0626		
Barking (BKG)	Ⓜ d		0505	0508	0515	0538	0545	0549		0604	0610	0615				0618		0627		
Stratford (SRA)	Ⓜ DLR 7 a																			
London Liverpool Street (LST)	Ⓜ 15 a																			
West Ham (WEH)	Ⓜ DLR d		0510	0513	0520	0543	0550	0555		0610	0616	0620			0623		0627	0633	0639	0644
Limehouse (LHS)	Ⓜ DLR d		0515	0518	0525	0548	0555	0600		0615	0621	0625			0628		0633	0639	0644	0649
London Fenchurch Street (FST)	Ⓜ 7 a		0520	0523	0530	0553	0600	0604		0619	0625	0630			0633		0637	0644	0649	0654

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d				0557		0607			0611					0626				
Thorpe Bay (TPB)	d			0555	0601		0611			0615					0630				
Southend East (SOE)	d			0557	0603		0613			0617					0632				
Southend Central (SOC)	a			0600	0606					0620					0635				
Southend Central (SOC)	d			0600	0606	0611				0620					0635			0645	
Westcliff (WCF)	d			0602	0608	0613				0622					0637			0648	
Chalkwell (CHW)	d			0605	0611	0616				0625					0640			0650	
Leigh-on-Sea (LES)	d			0607	0614	0618	0622			0628	0635				0643			0653	
Benfleet (BEF)	d			0612	0619	0623	0627			0633	0640				0648			0657	
Pitsea (PSE)	d			0618	0623	0628	0631			0637				0647	0652			0703	
Basildon (BSO)	d				0627		0635			0641	0646				0656				
Laindon (LAI)	d				0630		0639			0644	0649				0659	0703			
West Horndon (WHR)	d	↳			0635					0654		↳				0708		↳	
Stanford-le-Hope (SFO)	d	0608			0624		0634					0634		0653				0653	0710
East Tilbury (ETL)	d	0612			0628		↳					0637		↳				0656	↳
Tilbury Town (TIL)	Ⓜ d	0618			0634							0643						0702	
Grays (GRY)	a	0621			0637				↳			0646						0705	
Grays (GRY)	d	0622	0631	0638					0638			0647	0651				0701	0706	
Purfleet (PFL)	d	0628		↳					0644			0657					0712		
Rainham (RNM)	d	0633							0649			0703					0717		
Dagenham Dock (DDK)	d	0637					↳	0653				0707					0721		
Chafford Hundred Lakeside (CFH)	d		0635					0635				0651					0706		
Ockendon (OCK)	d		↳					0640				0656					0711		
Upminster (UPM)	Ⓜ d				0640			0649		0654	0659	0703			0709	0713	0718		
Barking (BKG)	Ⓜ d	0643					0654		0659	0703	0708	0711	0713			0722	0726	0728	
Stratford (SRA)	Ⓜ DLR 7 a																		
London Liverpool Street (LST)	Ⓜ 15 a																		
West Ham (WEH)	Ⓜ DLR d	0649			0653		0659	0702	0705	0709	0713	0717	0720		0723	0728	0732	0735	
Limehouse (LHS)	Ⓜ DLR d	0654			0659		0705	0708	0711	0714	0719	0722	0725		0728	0733	0737	0740	
London Fenchurch Street (FST)	Ⓜ 7 a	0659			0703		0709	0712	0715	0719	0723	0727	0730		0733	0738	0742	0745	

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- f Arrives 3 minutes earlier

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d	0640	0645				0702							0718						
Thorpe Bay (TPB)	d	0644	0649				0706						0712	0722						
Southend East (SOE)	d	0646	0651				0708						0714	0724						
Southend Central (SOC)	a	0649	0654				0711						0717	0727						
Southend Central (SOC)	d	0649	0654			0703	0711						0717	0727						
Westcliff (WCF)	d	0651	0656			0705	0713						0719	0729						
Chalkwell (CHW)	d	0654	0659			0708	0716						0722	0732						
Leigh-on-Sea (LES)	d	0657	0702			0711						0721	0725				0737			
Benfleet (BEF)	d	0702	0707			0716					↩	0726	0730				0742			
Pitsea (PSE)	d	0705	0711			0720					0720	0730	0734					0735		
Basildon (BSO)	d	0709	0715			↩						0734	0738	0742		↩	0748			
Laindon (LAI)	d	0713	0718							0731			0747c			0747c	0752			
West Horndon (WHR)	d	0717						↩	0736				↩		↩	0752				
Stanford-le-Hope (SFO)	d						0710				0726				0726			0742		
East Tilbury (ETL)	d						0714				↩				0730			0745		
Tilbury Town (TIL)	8 d						0720								0736			0752		
Grays (GRY)	a						0723								0739			0755		
Grays (GRY)	d				0717					0731							0740	0756		
Purfleet (PFL)	d																0746	0802		
Rainham (RNM)	d																0751	0807		
Dagenham Dock (DDK)	d																0755	0811		
Chafford Hundred Lakeside (CFH)	d					0721					0735							0751		
Ockendon (OCK)	d					0726					0741							0756		
Upminster (UPM)	↻ d				↩	0733				0741	0748						0757	0803		
Barking (BKG)	↻ d	0735e		↩	0735e	0741			0746	0750	0756					0802		0811 0817		
Stratford (SRA)	↻ DLR 7 a	↩																		
London Liverpool Street (LST)	↻ 15 a																			
West Ham (WEH)	↻ DLR d		0738	0742	0747		0750	0753	0756	0802			0759		0805	0808	0811	0814	0817	0823
Limehouse (LHS)	↻ DLR d		0744	0747	0752		0755	0758	0801	0807			0804		0810	0813	0816	0819	0822	0829
London Fenchurch Street (FST)	↻ 7 a		0748	0753	0757		0800	0803	0806	0812			0809		0814	0818	0821	0824	0827	0833

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d					0739				0800					0815				0834	
Thorpe Bay (TPB)	d				0731	0743				0804					0819				0838	
Southend East (SOE)	d				0733	0745				0806					0821				0840	
Southend Central (SOC)	a				0736	0748				0809					0824				0843	
Southend Central (SOC)	d				0736	0748				0809					0824				0843	0850
Westcliff (WCF)	d				0738	0750				0811					0826				0845	0852
Chalkwell (CHW)	d				0741	0753				0814					0829				0848	0855
Leigh-on-Sea (LES)	d				0744	0756	0803			0817					0832				0851	0858
Benfleet (BEF)	d				0749	0801	0808			0822					0837				0856	0903
Pitsea (PSE)	d			0751	0753	0804	0812					0818		0836	0840				0847	0906
Basildon (BSO)	d				0757	0808	0816			0828					0844				0902	0910
Laindon (LAI)	d	0803					0812			0820			0834		0848				0905	0914
West Horndon (WHR)	d	0808					0824			0839										0918
Stanford-le-Hope (SFO)	d				0757							0824		0843						0854
East Tilbury (ETL)	d				0801							0828		0846						0857
Tilbury Town (TIL)	8 d				0807							0834		0853						0904
Grays (GRY)	a				0810							0837		0856				↩		0907
Grays (GRY)	d		0801	0810				0818				0837	0847	0856				0856		0908
Purfleet (PFL)	d				0816							0843		↩				0902		0914
Rainham (RNM)	d				0822							0849						0908		0919
Dagenham Dock (DDK)	d				0826							0853						↩	0911	0923
Chafford Hundred Lakeside (CFH)	d		0805						0822					0851				0851		
Ockendon (OCK)	d		0810						0826					↩				0856		
Upminster (UPM)	↻ d	0813	0817		0807	0821				0833			0844		0856	0903		0914		0924
Barking (BKG)	↻ d	0822	0826	0832			0837	0841	0846	0853	0859				0905	0911	0917	0922	0929	0932
Stratford (SRA)	↻ DLR 7 a																			
London Liverpool Street (LST)	↻ 15 a																			
West Ham (WEH)	↻ DLR d	0828	0831	0838	0820	0834	0843	0847	0852	0858	0905				0910	0917	0923	0928	0935	0938
Limehouse (LHS)	↻ DLR d	0833	0837	0843	0825	0840	0848	0852	0858	0904	0910				0916	0922	0929	0933	0940	0943
London Fenchurch Street (FST)	↻ 7 a	0838	0841	0848	0830	0844	0853	0857	0903	0908	0915				0920	0928	0933	0939	0945	0948

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time
- c Arrives 6 minutes earlier
- e Arrives 4 minutes earlier

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d			0854		0907				0927		0941			0957			1027	
Thorpe Bay (TPB)	d			0858		0911				0931		0945			1001			1031	
Southend East (SOE)	d			0900		0913				0933		0947			1003			1033	
Southend Central (SOC)	a			0903		0916				0936		0950			1006			1036	
Southend Central (SOC)	d			0903	0912	0916				0936	0942	0950			1006		1012	1036	
Westcliff (WCF)	d			0905	0915	0918				0938	0945	0952			1008		1015	1038	
Chalkwell (CHW)	d			0908	0917	0921				0941	0947	0955			1011		1017	1041	
Leigh-on-Sea (LES)	d			0911	0920	0924				0943	0950	0957			1013		1020	1043	
Benfleet (BEF)	d			0916	0924	0929				0948	0954	1002			1018		1024	1048	
Pitsea (PSE)	d		0916	0920	0929					0951	0959				1022		1029	1051	
Basildon (BSO)	d			0924		0935				0955		1008			1026			1055	
Laindon (LAI)	d			0927		0938				0958		1011			1030			1058	
West Horndon (WHR)	d			0932					←	1003				←	1034			1103	
Stanford-le-Hope (SFO)	d		0923		0935				0935			1005			1005			1035	
East Tilbury (ETL)	d		0926		→				0938			→			1008			1038	
Tilbury Town (TIL)	Ⓜ d		0933						0944						1014			1044	
Grays (GRY)	a		0936				←		0947						1017			1047	
Grays (GRY)	d	0917	0936				0936	0948	0953					1010	1017		1040	1047	1110
Purfleet (PFL)	d		→				0942		0959					1016			1046		1116
Rainham (RNM)	d						0948		1004					1021			1051		1121
Dagenham Dock (DDK)	d						0951		1007					1024			1054		1124
Chafford Hundred Lakeside (CFH)	d	0921						0952							1021			1051	
Ockendon (OCK)	d	0925						0956							1025			1055	
Upminster (UPM)	Ⓜ d	0932		0937		0946		1003		1008		1019		1031	1041		1101	1108	
Barking (BKG)	Ⓜ d	0940		0946		0955	0958	1011	1013	1017		1027	1030	1040	1050	1100	1109	1117	1130
Stratford (SRA)	Ⓜ DLR 7 a																		
London Liverpool Street (LST)	Ⓜ DLR 15 a																		
West Ham (WEH)	Ⓜ DLR d	0946		0951		1000	1004	1016	1019	1022		1032	1036	1046	1056	1106	1114	1122	1136
Limehouse (LHS)	Ⓜ DLR d	0951		0957		1005	1009	1021	1024	1028		1037	1041	1051	1101	1111	1119	1127	1141
London Fenchurch Street (FST)	Ⓜ DLR a	0956		1001		1009	1013	1025	1028	1033		1042	1045	1056	1105	1116	1124	1131	1146

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1057			1127				1157			1227			1257			1327
Thorpe Bay (TPB)	d		1101			1131				1201			1231			1301			1331
Southend East (SOE)	d		1103			1133				1203			1233			1303			1333
Southend Central (SOC)	a		1106			1136				1206			1236			1306			1336
Southend Central (SOC)	d	1042	1106		1112	1136		1139	1206		1212	1236		1242	1306		1311	1336	
Westcliff (WCF)	d	1045	1108		1115	1138		1142	1208		1215	1238		1245	1308		1314	1338	
Chalkwell (CHW)	d	1047	1111		1117	1141		1144	1211		1217	1241		1247	1311		1316	1341	
Leigh-on-Sea (LES)	d	1050	1113		1120	1143		1147	1213		1220	1243		1250	1313		1319	1343	
Benfleet (BEF)	d	1054	1118		1124	1148		1151	1218		1224	1248		1254	1318		1323	1348	
Pitsea (PSE)	d	1059	1121		1129	1151		1156	1221		1229	1251		1259	1321		1328	1351	
Basildon (BSO)	d		1125			1155			1225			1255			1325			1355	
Laindon (LAI)	d		1128			1158			1228			1258			1328			1358	
West Horndon (WHR)	d		1133			1203			1233			1303			1333			1403	
Stanford-le-Hope (SFO)	d	1105			1135				1202			1235			1305			1334	
East Tilbury (ETL)	d	1108			1138				1205			1238			1308			1337	
Tilbury Town (TIL)	Ⓜ d	1114			1144				1211			1244			1314			1343	
Grays (GRY)	a	1117			1147				1214			1247			1317			1346	
Grays (GRY)	d	1117		1140	1147		1210	1214		1240	1247		1310	1317		1340	1346		1410
Purfleet (PFL)	d			1146			1216			1246			1316			1346			1416
Rainham (RNM)	d			1151			1221			1251			1321			1351			1421
Dagenham Dock (DDK)	d			1154			1224			1254			1324			1354			1424
Chafford Hundred Lakeside (CFH)	d	1121			1151			1218			1251			1321			1350		
Ockendon (OCK)	d	1125			1155			1222			1255			1325			1354		
Upminster (UPM)	Ⓜ d	1131	1138		1201	1208		1229	1238		1301	1308		1331	1338		1401	1408	
Barking (BKG)	Ⓜ d	1139	1147	1200	1209	1216	1230	1238	1247	1300	1309	1316	1330	1340	1346	1401	1409	1416	1430
Stratford (SRA)	Ⓜ DLR 7 a																		
London Liverpool Street (LST)	Ⓜ DLR 15 a																		
West Ham (WEH)	Ⓜ DLR d	1144	1152	1206	1214	1221	1236	1243	1252	1306	1314	1321	1336	1345	1351	1406	1414	1421	1436
Limehouse (LHS)	Ⓜ DLR d	1149	1157	1211	1219	1226	1241	1248	1257	1311	1319	1326	1341	1351	1356	1411	1419	1426	1441
London Fenchurch Street (FST)	Ⓜ DLR a	1154	1201	1216	1224	1230	1246	1253	1301	1316	1324	1331	1345	1356	1400	1416	1424	1432	1446

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1357			1427			1457			1526		1537			1554		1603
Thorpe Bay (TPB)	d		1401			1431			1437	1501			1530	1536	1541			1558	1607
Southend East (SOE)	d		1403			1433			1439	1503			1532	1538	1543			1600	1610
Southend Central (SOC)	a		1406			1436			1442	1506			1535	1541	1546			1603	1613
Southend Central (SOC)	d	1342	1406		1412	1436		1443	1506		1511	1535	1541	1546			1603	1608	1614
Westcliff (WCF)	d	1345	1408		1415	1438		1445	1508		1514	1537	1543	1548			1606	1611	1616
Chalkwell (CHW)	d	1347	1411		1417	1441		1447	1511		1516	1540	1546	1551			1609	1613	1619
Leigh-on-Sea (LES)	d	1350	1413		1420	1443		1450	1513		1519	1542	1549	1553			1612	1616	1621
Benfleet (BEF)	d	1354	1418		1424	1448		1454	1518		1523	1547	1553	1558			1617	1620	1626
Pitsea (PSE)	d	1359	1421		1429	1451		1459	1521		1528	1550	1559	1601			1625	1630	1636
Basildon (BSO)	d		1425			1455			1525			1554		1605			1623		1634
Laindon (LAI)	d		1428			1458			1528			1558		1609			1626		1637
West Horndon (WHR)	d		1433			1503			1533			1602		1613			1631		
Stanford-le-Hope (SFO)	d	1405			1435			1505			1534		1605			1605		1632	
East Tilbury (ETL)	d	1408			1438			1508			1537		1605			1608			
Tilbury Town (TIL)	8 d	1414			1444			1514			1543		1615			1615			
Grays (GRY)	a	1417			1447			1517			1546		1618			1618			
Grays (GRY)	d	1417		1440	1447		1510	1517		1540	1546				1609	1619			
Purfleet (PFL)	d			1446			1516			1546					1615				
Rainham (RNM)	d			1451			1521			1551					1620				
Dagenham Dock (DDK)	d			1454			1524			1554					1624				
Chafford Hundred Lakeside (CFH)	d	1421			1451			1521			1550						1622		
Ockendon (OCK)	d	1425			1455			1525			1554						1626		
Upminster (UPM)	d	1431	1438		1501	1508		1531	1538		1601	1608		1619			1633		1646
Barking (BKG)	d	1439	1446	1500	1509	1516	1530	1539	1546	1600	1611	1616		1627	1630	1641			1655
Stratford (SRA)	7 a																		
London Liverpool Street (LST)	15 a																		
West Ham (WEH)	d	1444	1451	1506	1514	1521	1536	1544	1551	1606	1616	1621		1632	1636	1646	1650		1701
Limehouse (LHS)	d	1449	1456	1511	1519	1526	1541	1549	1556	1611	1621	1626		1637	1642	1651			
London Fenchurch Street (FST)	7 a	1454	1500	1515	1525	1530	1545	1555	1600	1616	1628	1631		1642	1647	1657	1659		1710

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1613	1618						1640	1648			1657	1704			1715	
Thorpe Bay (TPB)	d		1617	1622						1644	1652			1701	1708			1719	
Southend East (SOE)	d		1619	1624						1646	1654			1703	1710			1721	
Southend Central (SOC)	a		1622	1627						1649	1657			1706	1713			1724	
Southend Central (SOC)	d		1622	1627				1635		1649	1657			1706	1713			1724	
Westcliff (WCF)	d		1624	1629				1637		1651	1659			1708	1715			1726	
Chalkwell (CHW)	d		1627	1632				1640		1654	1702			1711	1718			1729	
Leigh-on-Sea (LES)	d		1629	1634				1642		1657	1704			1713	1720			1731	
Benfleet (BEF)	d		1634	1639				1647		1702	1709			1718	1725			1736	
Pitsea (PSE)	d			1643			1648	1651		1706	1714		1717	1721	1728				1732
Basildon (BSO)	d		1640	1647				1655		1710	1719			1725	1732			1743	
Laindon (LAI)	d		1643	1651				1658		1713	1722			1728	1735			1746	
West Horndon (WHR)	d		1648					1703		1718				1733					
Stanford-le-Hope (SFO)	d					1632	1654						1723						1738
East Tilbury (ETL)	d					1635	1658						1727						1742
Tilbury Town (TIL)	8 d					1641	1704						1733						1748
Grays (GRY)	a					1644	1707						1736						1751
Grays (GRY)	d	1637			1648	1647	1708		1708			1717	1737			1737		1747	1751
Purfleet (PFL)	d	1643				1654			1713				1737			1742			1757
Rainham (RNM)	d	1648				1701			1719						1748				1802
Dagenham Dock (DDK)	d	1652				1707			1722						1751				1806
Chafford Hundred Lakeside (CFH)	d				1652								1721						1751
Ockendon (OCK)	d				1657								1727						
Upminster (UPM)	d		1653	1659	1704			1708		1725		1734		1738	1744				
Barking (BKG)	d	1658	1701	1707		1713		1717	1728	1734	1739	1743		1747	1752	1757			1812
Stratford (SRA)	7 a																		
London Liverpool Street (LST)	15 a																		
West Ham (WEH)	d	1704	1707	1713	1716	1719		1722	1734	1740	1746	1749		1752	1757	1803	1806		1817
Limehouse (LHS)	d	1709	1712		1721	1724		1727	1739			1754		1757	1802	1808			
London Fenchurch Street (FST)	7 a	1714	1717	1722	1725	1728		1731	1744	1750	1755	1758		1801	1807	1812	1815		1826

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d	1721		1727				1744			1759			1814			1829		
Thorpe Bay (TPB)	d	1725		1731				1748			1803			1818			1833		
Southend East (SOE)	d	1727		1733				1750			1805			1820			1835		
Southend Central (SOC)	a	1730		1736				1753			1808			1823			1838		
Southend Central (SOC)	d	1730		1736				1753			1808			1823			1838		
Westcliff (WCF)	d	1732		1738				1755			1810			1825			1840		
Chalkwell (CHW)	d	1735		1740				1758			1813			1828			1843		
Leigh-on-Sea (LES)	d	1737		1743	1757			1800			1815			1830			1845		
Benfleet (BEF)	d	1742		1747				1805			1820			1835			1850		
Pitsea (PSE)	d	1745		1751			1803	1808			1823		1828	1838		1847	1854	1859	
Basildon (BSO)	d	1749		1755	1806			1812			1827			1842			1858		
Laindon (LAI)	d	1752		1758				1815			1831			1845			1901		
West Horndon (WHR)	d			1803				1820		←	1835			1850			1906		
Stanford-le-Hope (SFO)	d						1810				1810			1834			1854	1905	
East Tilbury (ETL)	d						→				1813			1838			1857	1909	
Tilbury Town (TIL)	d										1819			1844			1903	1915	
Grays (GRY)	a										1822			1847		←	1906	←	1918
Grays (GRY)	d					1803			1817		1823		1833	1847		1847	1907	1919	
Purfleet (PFL)	d					1809					1829		1839	→			→	1912	
Rainham (RNM)	d					1816					1834		1845					1918	
Dagenham Dock (DDK)	d		←			1820					1838		1851					1921	
Chafford Hundred Lakeside (CFH)	d		1751							1821						1851		1922	
Ockendon (OCK)	d		1757							1827						1856		1926	
Upminster (UPM)	d	1801	1805	1808	1816			1825	1834		1841			1855	1903		1911	1933	
Barking (BKG)	d		1814	1817	1824	1827		1833	1842	1845	1849	1858		1905	1912		1921	1927	1941
Stratford (SRA)	a																		
London Liverpool Street (LST)	a																		
West Ham (WEH)	d	1813	1820	1823	1829	1833		1838	1848	1851	1854	1903		1910	1917		1926	1933	1946
Limehouse (LHS)	d	1818	1825	1828	1838			1843	1853	1856	1859	1909		1915	1922		1931	1938	1951
London Fenchurch Street (FST)	a	1822	1829	1832	1838	1842		1848	1858	1901	1904	1914		1919	1927		1935	1942	1956

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d		1857			1927				1957			2027			2057		2127	
Thorpe Bay (TPB)	d		1901			1931				2001			2031			2101		2131	
Southend East (SOE)	d		1903			1933				2003			2033			2103		2133	
Southend Central (SOC)	a		1906			1936				2006			2036			2106		2136	
Southend Central (SOC)	d		1906		1912	1936		1942	2006		2012	2036		2042	2106		2112	2136	
Westcliff (WCF)	d		1908		1915	1938		1945	2008		2015	2038		2045	2108		2115	2138	
Chalkwell (CHW)	d		1911		1917	1941		1947	2011		2017	2041		2047	2111		2117	2141	
Leigh-on-Sea (LES)	d		1914		1920	1943		1950	2013		2020	2043		2050	2113		2120	2143	
Benfleet (BEF)	d		1919		1924	1948		1954	2018		2024	2048		2054	2118		2124	2148	
Pitsea (PSE)	d	1918	1923		1929	1951		1959	2021		2029	2051		2059	2121		2129	2151	
Basildon (BSO)	d		1927			1955			2025			2055			2125			2155	
Laindon (LAI)	d		1930			1958			2028			2058			2128			2158	
West Horndon (WHR)	d		1935			2003			2033			2103			2133			2203	
Stanford-le-Hope (SFO)	d	1926			1935			2005			2035			2105			2135		
East Tilbury (ETL)	d	1930			1938			2008			2038			2108			2138		
Tilbury Town (TIL)	d	1937			1944			2014			2044			2114			2144		
Grays (GRY)	a	1940		←	1947			2017			2047			2117			2147		
Grays (GRY)	d	1941		1941	1947		2010	2017		2040	2047		2110	2117		2143	2147	2212	
Purfleet (PFL)	d	→		1947			2016			2046			2116			2149		2218	
Rainham (RNM)	d			1952			2021			2051			2121			2154		2223	
Dagenham Dock (DDK)	d			1956			2024			2054			2124			2157		2227	
Chafford Hundred Lakeside (CFH)	d				1951			2021			2051			2121			2151		
Ockendon (OCK)	d				1955			2025			2055			2125			2155		
Upminster (UPM)	d		1940		2001	2008		2031	2038		2101	2108		2131	2138		2201	2208	
Barking (BKG)	d		1948	2003	2010	2016	2030	2039	2046	2100	2109	2116	2130	2139	2146	2203	2209	2217	2232
Stratford (SRA)	a																		
London Liverpool Street (LST)	a																		
West Ham (WEH)	d		1953	2009	2015	2022	2036	2044	2051	2106	2114	2121	2136	2144	2151	2209	2214	2222	2238
Limehouse (LHS)	d		1958	2014	2020	2027	2041	2049	2056	2111	2119	2126	2141	2149	2156	2214	2219	2227	2243
London Fenchurch Street (FST)	a		2003	2019	2024	2031	2045	2054	2100	2115	2124	2130	2145	2154	2200	2218	2225	2232	2247

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
- d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Mondays to Fridays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	2157			2227			2257			2327	
Thorpe Bay (TPB)	d	2201			2231			2301			2331	
Southend East (SOE)	d	2203			2233			2303			2333	
Southend Central (SOC)	a	2206			2236			2306			2336	
Southend Central (SOC)	d	2142	2206		2212	2236		2242	2306		2312	2336
Westcliff (WCF)	d	2145	2208		2215	2238		2245	2308		2315	2338
Chalkwell (CHW)	d	2147	2211		2217	2241		2247	2311		2317	2341
Leigh-on-Sea (LES)	d	2150	2213		2220	2243		2250	2313		2320	2343
Benfleet (BEF)	d	2154	2218		2224	2248		2254	2318		2324	2348
Pitsea (PSE)	d	2159	2221		2229	2251		2259	2321		2329	2351
Basildon (BSO)	d		2225			2255			2325			2355
Laindon (LAI)	d		2228			2258			2328			2358
West Horndon (WHR)	d		2233			2303			2333			0003
Stanford-le-Hope (SFO)	d	2205			2235			2305			2335	
East Tilbury (ETL)	d	2208			2238			2308			2338	
Tilbury Town (TIL)	Ⓜ d	2214			2244			2314			2344	
Grays (GRY)	a	2217			2247			2317			2347	
Grays (GRY)	d	2217		2240	2247		2312	2317		2342	2347	
Purfleet (PFL)	d			2246			2318			2348		
Rainham (RNM)	d			2251			2323			2353		
Dagenham Dock (DDK)	d			2254			2326			2356		
Chafford Hundred Lakeside (CFH)	d	2221			2251			2321			2351	
Ockendon (OCK)	d	2225			2255			2325			2355	
Upminster (UPM)	Ⓜ d	2231	2238		2301	2308		2331	2338		0001	0008
Barking (BKG)	Ⓜ d	2239	2246	2300	2309	2316	2332	2339	2346	0002	0009	0016
Stratford (SRA)	Ⓜ DLR 7 a											
London Liverpool Street (LST)	Ⓜ DLR 15 a											
West Ham (WEH)	Ⓜ DLR d	2244	2251	2306	2314	2321	2338	2344	2351	0008	0014	0021
Limehouse (LHS)	Ⓜ DLR d	2249	2256	2311	2319	2326	2343	2349	2356	0013	0019	0026
London Fenchurch Street (FST)	Ⓜ 7 a	2254	2300	2315	2324	2330	2347	2354	0001	0017	0024	0031

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d		0425	0443	0509		0513	0539		0543	0609		0613	0639		0643	0709	0713
Thorpe Bay (TPB)	d		0429	0447	0513		0517	0543		0547	0613		0617	0643		0647	0713	0717
Southend East (SOE)	d		0431	0449	0515		0519	0545		0549	0615		0619	0645		0649	0715	0719
Southend Central (SOC)	a		0434	0452	0518		0522	0548		0552	0618		0622	0648		0652	0718	0722
Southend Central (SOC)	d	0413	0434	0452	0518		0522	0548		0552	0618		0622	0648		0652	0718	0722
Westcliff (WCF)	d	0415	0436	0454	0520		0524	0550		0554	0620		0624	0650		0654	0720	0724
Chalkwell (CHW)	d	0417	0439	0457	0523		0527	0553		0557	0623		0627	0653		0657	0723	0727
Leigh-on-Sea (LES)	d	0420	0441	0500	0526		0530	0556		0600	0626		0630	0656		0700	0726	0730
Benfleet (BEF)	d	0424	0446	0505	0531		0535	0601		0605	0631		0635	0701		0705	0731	0735
Pitsea (PSE)	d	0429	0449	0510	0534		0540	0604		0610	0634		0640	0704		0710	0734	0740
Basildon (BSO)	d		0453		0538			0608			0638			0708			0738	
Laindon (LAI)	d		0456		0542			0612			0642			0712			0742	
West Horndon (WHR)	d		0501		0546			0616			0646			0716			0746	
Stanford-le-Hope (SFO)	d	0435		0516			0546			0616			0646			0716		0746
East Tilbury (ETL)	d	0438		0520			0550			0620			0650			0720		0750
Tilbury Town (TIL)	8	0444		0526			0556			0626			0656			0726		0756
Grays (GRY)	a	0447		0529			0559			0629			0659			0729		0759
Grays (GRY)	d	0448		0530		0552	0600		0622	0630		0652	0700		0722	0730		0752 0800
Purfleet (PFL)	d					0558			0628			0658			0728			0758 →
Rainham (RNM)	d					0603			0633			0703			0733			0803
Dagenham Dock (DDK)	d					0606			0636			0706			0736			0806
Chafford Hundred Lakeside (CFH)	d	0451		0534			0604			0634			0704			0734		
Ockendon (OCK)	d	0455		0538			0608			0638			0708			0738		
Upminster (UPM)	⊖	0502	0506	0544	0552		0614	0622		0644	0652		0714	0722		0744	0752	
Barking (BKG)	⊖	0510	0514	0553	0600	0612	0623	0630	0642	0653	0700	0712	0723	0730	0742	0753	0800	0812
Stratford (SRA)	⊖ DLR 7	a																
London Liverpool Street (LST)	⊖ 15	a																
West Ham (WEH)	⊖ DLR	d	0515	0519	0558	0606	0618	0628	0636	0648	0658	0706	0718	0728	0736	0748	0758	0806 0818
Limehouse (LHS)	DLR	d	0520	0524	0603	0611	0623	0633	0641	0653	0703	0711	0723	0733	0741	0753	0803	0811 0823
London Fenchurch Street (FST)	7	a	0525	0529	0607	0615	0627	0637	0645	0657	0707	0715	0727	0737	0745	0757	0807	0815 0827

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	0726		0739		0743	0756		0809		0813	0826		0839		0843	0856	0909
Thorpe Bay (TPB)	d	0730		0743		0747	0800		0813		0817	0830		0843		0847	0900	0913
Southend East (SOE)	d	0732		0745		0749	0802		0815		0819	0832		0845		0849	0902	0915
Southend Central (SOC)	a	0735		0748		0752	0805		0818		0822	0835		0848		0852	0905	0918
Southend Central (SOC)	d	0735		0748		0752	0805		0818		0822	0835		0848		0852	0905	0918
Westcliff (WCF)	d	0737		0750		0754	0807		0820		0824	0837		0850		0854	0907	0920
Chalkwell (CHW)	d	0740		0753		0757	0810		0823		0827	0840		0853		0857	0910	0923
Leigh-on-Sea (LES)	d	0742		0756		0800	0812		0826		0830	0842		0856		0900	0912	0926
Benfleet (BEF)	d	0747		0801		0805	0817		0831		0835	0847		0901		0905	0917	0931
Pitsea (PSE)	d			0804		0810			0834		0840			0904		0910		0934
Basildon (BSO)	d	0753		0808			0823		0838			0853		0908			0923	0938
Laindon (LAI)	d	0757		0812			0827		0842			0857		0912			0927	0942
West Horndon (WHR)	d			0816					0846					0916				0946
Stanford-le-Hope (SFO)	d					0816					0846					0916		
East Tilbury (ETL)	d					0820					0850					0920		
Tilbury Town (TIL)	8					0826					0856					0926		
Grays (GRY)	a		←			0829		←			0859		←			0929		←
Grays (GRY)	d		0800		0822	0830		0830		0852	0900		0900		0922	0930		0930
Purfleet (PFL)	d				0828	→				0858	→				0928	→		
Rainham (RNM)	d				0833					0903					0933			
Dagenham Dock (DDK)	d				0836					0906					0936			
Chafford Hundred Lakeside (CFH)	d		0804					0834					0904					0934
Ockendon (OCK)	d		0808					0838					0908					0938
Upminster (UPM)	⊖	0806	0814	0822			0836	0844	0852			0906	0914	0922			0936	0944 0952
Barking (BKG)	⊖	0817	0823	0830	0842			0847	0853	0900	0912		0916	0923	0930	0942		0947 0953 1000
Stratford (SRA)	⊖ DLR 7	a	0825				0855						0925					0955
London Liverpool Street (LST)	⊖ 15	a	0833				0903						0933					1003
West Ham (WEH)	⊖ DLR	d	0828	0836	0848			0858	0906	0918			0928	0936	0948			0958 1006
Limehouse (LHS)	DLR	d	0833	0841	0853			0903	0911	0923			0933	0941	0953			1003 1011
London Fenchurch Street (FST)	7	a	0837	0845	0857			0907	0915	0927			0937	0945	0957			1007 1015

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d		0913	0926		0939		0943	0956		1009		1013	1026		1039		1043	1056
Thorpe Bay (TPB)	d		0917	0930		0943		0947	1000		1013		1017	1030		1043		1047	1100
Southend East (SOE)	d		0919	0932		0945		0949	1002		1015		1019	1032		1045		1049	1102
Southend Central (SOC)	a		0922	0935		0948		0952	1005		1018		1022	1035		1048		1052	1105
Southend Central (SOC)	d		0922	0935		0948		0952	1005		1018		1022	1035		1048		1052	1105
Westcliff (WCF)	d		0924	0937		0950		0954	1007		1020		1024	1037		1050		1054	1107
Chalkwell (CHW)	d		0927	0940		0953		0957	1010		1023		1027	1040		1053		1057	1110
Leigh-on-Sea (LES)	d		0930	0942		0956		1000	1012		1026		1030	1042		1056		1100	1112
Benfleet (BEF)	d		0935	0947		1001		1005	1017		1031		1035	1047		1101		1105	1117
Pitsea (PSE)	d		0940			1004		1010			1034		1040			1104		1110	
Basildon (BSO)	d				0953		1008			1023				1053		1108			1123
Laindon (LAI)	d				0957		1012			1027				1057		1112			1127
West Horndon (WHR)	d					1016					1046					1116			
Stanford-le-Hope (SFO)	d		0946					1016					1046						1116
East Tilbury (ETL)	d		0950					1020					1050						1120
Tilbury Town (TIL)	d		0956					1026					1056						1126
Grays (GRY)	a		0959		←			1029		←			1059		←				1129
Grays (GRY)	d	0952	1000		1000		1022	1030		1030		1052	1100		1100		1122	1130	
Purfleet (PFL)	d	0958	←				1028	←				1058	←				1128	←	
Rainham (RNM)	d	1003					1033					1103					1133		
Dagenham Dock (DDK)	d	1006					1036					1106					1136		
Chafford Hundred Lakeside (CFH)	d				1004					1034					1104				
Ockendon (OCK)	d				1008					1038					1108				
Upminster (UPM)	d			1006	1014	1022			1036	1044	1052			1106	1114	1122			1136
Barking (BKG)	d	1012		1016	1023	1030	1042		1046	1053	1100	1112		1116	1123	1130	1142		1147
Stratford (SRA)	a			1025					1055					1125					1155
London Liverpool Street (LST)	a			1033					1103					1133					1203
West Ham (WEH)	d	1018			1028	1036	1048			1058	1106	1118			1128	1136	1148		
Limehouse (LHS)	d	1023			1033	1041	1053			1103	1111	1123			1133	1141	1153		
London Fenchurch Street (FST)	a	1027			1037	1045	1057			1107	1115	1127			1137	1145	1157		

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d		1109		1113	1126		1139		1143	1156		1209		1213	1226		1239		
Thorpe Bay (TPB)	d		1113		1117	1130		1143		1147	1200		1213		1217	1230		1243		
Southend East (SOE)	d		1115		1119	1132		1145		1149	1202		1215		1219	1232		1245		
Southend Central (SOC)	a		1118		1122	1135		1148		1152	1205		1218		1222	1235		1248		
Southend Central (SOC)	d		1118		1122	1135		1148		1152	1205		1218		1222	1235		1248		
Westcliff (WCF)	d		1120		1124	1137		1150		1154	1207		1220		1224	1237		1250		
Chalkwell (CHW)	d		1123		1127	1140		1153		1157	1210		1223		1227	1240		1253		
Leigh-on-Sea (LES)	d		1126		1130	1142		1156		1200	1212		1226		1230	1242		1256		
Benfleet (BEF)	d		1131		1135	1147		1201		1205	1217		1231		1235	1247		1301		
Pitsea (PSE)	d		1134		1140			1204		1210			1234		1240			1304		
Basildon (BSO)	d		1138			1153		1208			1223		1238			1253		1308		
Laindon (LAI)	d		1142			1157		1212			1227		1242			1257		1312		
West Horndon (WHR)	d		1146					1216					1246					1316		
Stanford-le-Hope (SFO)	d				1146					1216					1246					
East Tilbury (ETL)	d				1150					1220					1250					
Tilbury Town (TIL)	d				1156					1226					1256					
Grays (GRY)	a	←			1159		←			1229		←			1259		←			
Grays (GRY)	d	1130		1152	1200		1200		1222	1230		1230		1252	1300		1300		1322	
Purfleet (PFL)	d			1158	←				1228	←				1258	←				1328	
Rainham (RNM)	d			1203					1233					1303					1333	
Dagenham Dock (DDK)	d			1206					1236					1306					1336	
Chafford Hundred Lakeside (CFH)	d	1134					1204					1234						1304		
Ockendon (OCK)	d	1138					1208					1238						1308		
Upminster (UPM)	d	1144	1152			1206	1214	1222			1236	1244	1252			1306	1314	1322		
Barking (BKG)	d	1153	1200	1212		1216	1223	1230	1242		1247	1253	1300	1312		1317	1323	1330	1342	
Stratford (SRA)	a					1225						1255				1325				
London Liverpool Street (LST)	a					1233						1303				1333				
West Ham (WEH)	d	1158	1206	1218			1228	1236	1248			1258	1306	1318				1328	1336	1348
Limehouse (LHS)	d	1203	1211	1223			1233	1241	1253			1303	1311	1323				1333	1341	1353
London Fenchurch Street (FST)	a	1207	1215	1227			1237	1245	1257			1307	1315	1327				1337	1345	1357

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	1243	1256		1309		1313	1326		1339		1343	1356		1409		1413	1426	
Thorpe Bay (TPB)	d	1247	1300		1313		1317	1330		1343		1347	1400		1413		1417	1430	
Southend East (SOE)	d	1249	1302		1315		1319	1332		1345		1349	1402		1415		1419	1432	
Southend Central (SOC)	a	1252	1305		1318		1322	1335		1348		1352	1405		1418		1422	1435	
Southend Central (SOC)	d	1252	1305		1318		1322	1335		1348		1352	1405		1418		1422	1435	
Westcliff (WCF)	d	1254	1307		1320		1324	1337		1350		1354	1407		1420		1424	1437	
Chalkwell (CHW)	d	1257	1310		1323		1327	1340		1353		1357	1410		1423		1427	1440	
Leigh-on-Sea (LES)	d	1300	1312		1326		1330	1342		1356		1400	1412		1426		1430	1442	
Benfleet (BEF)	d	1305	1317		1331		1335	1347		1401		1405	1417		1431		1435	1447	
Pitsea (PSE)	d	1310			1334		1340			1404		1410			1434		1440		
Basildon (BSO)	d		1323		1338			1353		1408			1423		1438			1453	
Laindon (LAI)	d		1327		1342			1357		1412			1427		1442			1457	
West Horndon (WHR)	d				1346					1416					1446				
Stanford-le-Hope (SFO)	d	1316					1346					1416					1446		
East Tilbury (ETL)	d	1320					1350					1420					1450		
Tilbury Town (TIL)	Ⓜ	1326					1356					1426					1456		
Grays (GRY)	a	1329		←			1359		←			1429		←			1459	←	
Grays (GRY)	d	1330		1330		1352	1400		1400		1422	1430		1430		1452	1500	1500	
Purfleet (PFL)	d	←				1358	←				1428	←			1458	←			
Rainham (RNM)	d					1403					1433				1503				
Dagenham Dock (DDK)	d					1406					1436				1506				
Chafford Hundred Lakeside (CFH)	d			1334					1404				1434					1504	
Ockendon (OCK)	d			1338					1408				1438					1508	
Upminster (UPM)	Ⓜ	d	1336	1344	1352			1406	1414	1422			1436	1444	1452			1506	1514
Barking (BKG)	Ⓜ	d	1347	1353	1400	1412		1417	1423	1430	1442		1447	1453	1500	1512		1517	1523
Stratford (SRA)	Ⓜ	Ⓜ	7	a				1425					1455					1525	
London Liverpool Street (LST)	Ⓜ	Ⓜ	15	a				1433					1503					1533	
West Ham (WEH)	Ⓜ	Ⓜ	d		1358	1406	1418			1428	1436	1448			1458	1506	1518		1528
Limehouse (LHS)	Ⓜ	d			1403	1411	1423			1433	1441	1453			1503	1511	1523		1533
London Fenchurch Street (FST)	Ⓜ	a			1407	1415	1427			1437	1445	1457			1507	1515	1527		1537

	Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	1439		1443	1456		1509		1513	1526		1539		1543	1556		1609	1613	
Thorpe Bay (TPB)	d	1443		1447	1500		1513		1517	1530		1543		1547	1600		1613	1617	
Southend East (SOE)	d	1445		1449	1502		1515		1519	1532		1545		1549	1602		1615	1619	
Southend Central (SOC)	a	1448		1452	1505		1518		1522	1535		1548		1552	1605		1618	1622	
Southend Central (SOC)	d	1448		1452	1505		1518		1522	1535		1548		1552	1605		1618	1622	
Westcliff (WCF)	d	1450		1454	1507		1520		1524	1537		1550		1554	1607		1620	1624	
Chalkwell (CHW)	d	1453		1457	1510		1523		1527	1540		1553		1557	1610		1623	1627	
Leigh-on-Sea (LES)	d	1456		1500	1512		1526		1530	1542		1556		1600	1612		1626	1630	
Benfleet (BEF)	d	1501		1505	1517		1531		1535	1547		1601		1605	1617		1631	1635	
Pitsea (PSE)	d	1504		1510			1534		1540			1604		1610			1634	1640	
Basildon (BSO)	d	1508			1523		1538			1553		1608			1623		1638		
Laindon (LAI)	d	1512			1527		1542			1557		1612			1627		1642		
West Horndon (WHR)	d	1516					1546					1616					1646		
Stanford-le-Hope (SFO)	d			1516					1546					1616				1646	
East Tilbury (ETL)	d			1520					1550					1620				1650	
Tilbury Town (TIL)	Ⓜ	d		1526					1556					1626				1656	
Grays (GRY)	a			1529		←			1559		←			1629		←		1659	
Grays (GRY)	d		1522	1530		1530		1552	1600		1600		1622	1630		1630		1652	1700
Purfleet (PFL)	d		1528	←				1558	←				1628	←				1658	←
Rainham (RNM)	d		1533					1603					1633					1703	
Dagenham Dock (DDK)	d		1536					1606					1636					1706	
Chafford Hundred Lakeside (CFH)	d					1534					1604					1634			
Ockendon (OCK)	d					1538					1608					1638			
Upminster (UPM)	Ⓜ	d	1522		1536	1544	1552			1606	1614	1622			1636	1644	1652		
Barking (BKG)	Ⓜ	d	1530	1542		1547	1553	1600	1612		1617	1623	1630	1642		1647	1653	1700	1712
Stratford (SRA)	Ⓜ	Ⓜ	7	a						1625					1655				
London Liverpool Street (LST)	Ⓜ	Ⓜ	15	a						1633					1703				
West Ham (WEH)	Ⓜ	d	1536	1548			1558	1606	1618			1628	1636	1648			1658	1706	1718
Limehouse (LHS)	Ⓜ	d	1541	1553			1603	1611	1623			1633	1641	1653			1703	1711	1723
London Fenchurch Street (FST)	Ⓜ	a	1545	1557			1607	1615	1627			1637	1645	1657			1707	1715	1727

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC			
Shoeburyness (SRY)	d	1626		1639		1643	1656		1709		1713	1726		1739		1743	1756	1809		
Thorpe Bay (TPB)	d	1630		1643		1647	1700		1713		1717	1730		1743		1747	1800	1813		
Southend East (SOE)	d	1632		1645		1649	1702		1715		1719	1732		1745		1749	1802	1815		
Southend Central (SOC)	a	1635		1648		1652	1705		1718		1722	1735		1748		1752	1805	1818		
Southend Central (SOC)	d	1635		1648		1652	1705		1718		1722	1735		1748		1752	1805	1818		
Westcliff (WCF)	d	1637		1650		1654	1707		1720		1724	1737		1750		1754	1807	1820		
Chalkwell (CHW)	d	1640		1653		1657	1710		1723		1727	1740		1753		1757	1810	1823		
Leigh-on-Sea (LES)	d	1642		1656		1700	1712		1726		1730	1742		1756		1800	1812	1826		
Benfleet (BEF)	d	1647		1701		1705	1717		1731		1735	1747		1801		1805	1817	1831		
Pitsea (PSE)	d			1704		1710			1734		1740			1804		1810		1834		
Basildon (BSO)	d	1653		1708			1723		1738			1753		1808			1823	1838		
Laindon (LAI)	d	1657		1712			1727		1742			1757		1812			1827	1842		
West Horndon (WHR)	d			1716					1746					1816				1846		
Stanford-le-Hope (SFO)	d					1716					1746					1816				
East Tilbury (ETL)	d					1720					1750					1820				
Tilbury Town (TIL)	d					1726					1756					1826				
Grays (GRY)	a		←			1729		←			1759		←			1829		←		
Grays (GRY)	d		1700		1722	1730		1730		1752	1800		1800		1822	1830		1830		
Purfleet (PFL)	d				1728	→				1758	→				1828	→				
Rainham (RNM)	d				1733					1803					1833					
Dagenham Dock (DDK)	d				1736					1806					1836					
Chafford Hundred Lakeside (CFH)	d		1704					1734					1804					1834		
Ockendon (OCK)	d		1708					1738					1808					1838		
Upminster (UPM)	d	1706	1714	1722			1736	1744	1752			1806	1814	1822			1836	1844	1852	
Barking (BKG)	d	1717	1723	1730	1742		1747	1753	1800	1812		1817	1823	1830	1842			1847	1853	1900
Stratford (SRA)	a	1725					1755						1825						1855	
London Liverpool Street (LST)	a	1733					1803						1833						1903	
West Ham (WEH)	d		1728	1736	1748			1758	1806	1818				1828	1836	1848			1858	1906
Limehouse (LHS)	d		1733	1741	1753			1803	1811	1823				1833	1841	1853			1903	1911
London Fenchurch Street (FST)	a		1737	1745	1757			1807	1815	1827				1837	1845	1857			1907	1915

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1813	1826		1839		1843	1856		1909		1913	1926		1939		1943	1956
Thorpe Bay (TPB)	d		1817	1830		1843		1847	1900		1913		1917	1930		1943		1947	2000
Southend East (SOE)	d		1819	1832		1845		1849	1902		1915		1919	1932		1945		1949	2002
Southend Central (SOC)	a		1822	1835		1848		1852	1905		1918		1922	1935		1948		1952	2005
Southend Central (SOC)	d		1822	1835		1848		1852	1905		1918		1922	1935		1948		1952	2005
Westcliff (WCF)	d		1824	1837		1850		1854	1907		1920		1924	1937		1950		1954	2007
Chalkwell (CHW)	d		1827	1840		1853		1857	1910		1923		1927	1940		1953		1957	2010
Leigh-on-Sea (LES)	d		1830	1842		1856		1900	1912		1926		1930	1942		1956		2000	2012
Benfleet (BEF)	d		1835	1847		1901		1905	1917		1931		1935	1947		2001		2005	2017
Pitsea (PSE)	d		1840			1904		1910			1934		1940			2004		2010	
Basildon (BSO)	d			1853		1908			1923		1938			1953		2008			2023
Laindon (LAI)	d			1857		1912			1927		1942			1957		2012			2027
West Horndon (WHR)	d					1916					1946					2016			
Stanford-le-Hope (SFO)	d		1846					1916					1946						2016
East Tilbury (ETL)	d		1850					1920					1950						2020
Tilbury Town (TIL)	d		1856					1926					1956						2026
Grays (GRY)	a		1859		←			1929		←			1959		←				2029
Grays (GRY)	d	1852	1900		1900		1922	1930		1930		1952	2000		2000		2022	2030	
Purfleet (PFL)	d	1858	→				1928	→				1958	→				2028	→	
Rainham (RNM)	d	1903					1933					2003					2033		
Dagenham Dock (DDK)	d	1906					1936					2006					2036		
Chafford Hundred Lakeside (CFH)	d				1904					1934					2004				
Ockendon (OCK)	d				1908					1938					2008				
Upminster (UPM)	d			1906	1914	1922			1936	1944	1952			2006	2014	2022			2036
Barking (BKG)	d	1912		1917	1923	1930	1942		1947	1953	2000	2012		2017	2023	2030	2042		2047
Stratford (SRA)	a			1925					1955						2025				2055
London Liverpool Street (LST)	a			1933					2003						2033				2103
West Ham (WEH)	d	1918			1928	1936	1948			1958	2006	2018			2028	2036	2048		
Limehouse (LHS)	d	1923			1933	1941	1953			2003	2011	2023			2033	2041	2053		
London Fenchurch Street (FST)	a	1927			1937	1945	1957			2007	2015	2027			2037	2045	2057		

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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Saturdays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	2009		2013	2026		2039		2043	2056		2109		2113	2126		2139
Thorpe Bay (TPB)	d	2013		2017	2030		2043		2047	2100		2113		2117	2130		2143
Southend East (SOE)	d	2015		2019	2032		2045		2049	2102		2115		2119	2132		2145
Southend Central (SOC)	a	2018		2022	2035		2048		2052	2105		2118		2122	2135		2148
Southend Central (SOC)	d	2018		2022	2035		2048		2052	2105		2118		2122	2135		2148
Westcliff (WCF)	d	2020		2024	2037		2050		2054	2107		2120		2124	2137		2150
Chalkwell (CHW)	d	2023		2027	2040		2053		2057	2110		2123		2127	2140		2153
Leigh-on-Sea (LES)	d	2026		2030	2042		2056		2100	2112		2126		2130	2142		2156
Benfleet (BEF)	d	2031		2035	2047		2101		2105	2117		2131		2135	2147		2201
Pitsea (PSE)	d	2034		2040			2104		2110			2134		2140			2204
Basildon (BSO)	d	2038			2053		2108			2123		2138			2153		2208
Laindon (LAI)	d	2042			2057		2112			2127		2142			2157		2212
West Horndon (WHR)	d	2046					2116					2146					2216
Stanford-le-Hope (SFO)	d			2046					2116					2146			
East Tilbury (ETL)	d			2050					2120					2150			
Tilbury Town (TIL)	8 d			2056					2126					2156			
Grays (GRY)	a	←		2059		←			2129		←			2159		←	
Grays (GRY)	d	2030		2052	2100		2100		2122	2130		2130		2152	2200		2222
Purfleet (PFL)	d			2058	→				2128	→				2158	→		2228
Rainham (RNM)	d			2103					2133					2203			2233
Dagenham Dock (DDK)	d			2106					2136					2206			2236
Chafford Hundred Lakeside (CFH)	d	2034					2104					2134				2204	
Ockendon (OCK)	d	2038					2108					2138				2208	
Upminster (UPM)	⊖ d	2044	2052		2106	2114	2122			2136	2144	2152			2206	2214	2222
Barking (BKG)	⊖ d	2053	2100	2112		2117	2123	2130	2142		2147	2153	2200	2212		2217	2223
Stratford (SRA)	⊖ DLR 7 a				2125							2155				2225	
London Liverpool Street (LST)	⊖ 15 a				2133							2203				2233	
West Ham (WEH)	⊖ DLR d	2058	2106	2118			2128	2136	2148			2158	2206	2218			2228
Limehouse (LHS)	DLR d	2103	2111	2123			2133	2141	2153			2203	2211	2223			2233
London Fenchurch Street (FST)	7 a	2107	2115	2127			2137	2145	2157			2207	2215	2227			2237

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	2143	2156		2209		2213	2226		2239		2243	2309	2329	2333
Thorpe Bay (TPB)	d	2147	2200		2213		2217	2230		2243		2247	2313	2333	2337
Southend East (SOE)	d	2149	2202		2215		2219	2232		2245		2249	2315	2335	2339
Southend Central (SOC)	a	2152	2205		2218		2222	2235		2248		2252	2318	2338	2342
Southend Central (SOC)	d	2152	2205		2218		2222	2235		2248		2252	2318	2338	2342
Westcliff (WCF)	d	2154	2207		2220		2224	2237		2250		2254	2320	2340	2344
Chalkwell (CHW)	d	2157	2210		2223		2227	2240		2253		2257	2323	2343	2347
Leigh-on-Sea (LES)	d	2200	2212		2226		2230	2242		2256		2300	2326	2346	2350
Benfleet (BEF)	d	2205	2217		2231		2235	2247		2301		2305	2331	2351	2354
Pitsea (PSE)	d	2210			2234		2240			2304		2310	2334	2354	2359
Basildon (BSO)	d		2223		2238			2253		2308			2338	2358	
Laindon (LAI)	d		2227		2242			2257		2312			2342	0001	
West Horndon (WHR)	d				2246					2316			2346	0006	
Stanford-le-Hope (SFO)	d	2216					2246					2316			0005
East Tilbury (ETL)	d	2220					2250					2320			0009
Tilbury Town (TIL)	8 d	2226					2256					2326			0015
Grays (GRY)	a	2229		←			2259		←			2329			0018
Grays (GRY)	d	2230		2230		2252	2300		2300		2322	2330			0019
Purfleet (PFL)	d	→				2258	→				2328				
Rainham (RNM)	d					2303					2333				
Dagenham Dock (DDK)	d					2306					2336				
Chafford Hundred Lakeside (CFH)	d			2234					2304			2334			0024
Ockendon (OCK)	d			2238					2308			2338			0028
Upminster (UPM)	⊖ d	2236	2244	2252			2306	2314	2322			2344	2352	0011	0034
Barking (BKG)	⊖ d	2246	2253	2300	2312			2316	2323	2330	2342	2353	2359	0020	0042a
Stratford (SRA)	⊖ DLR 7 a		2255				2325								
London Liverpool Street (LST)	⊖ 15 a		2303				2333								
West Ham (WEH)	⊖ DLR d			2258	2306	2318			2328	2336	2348	2358	0006	0025	
Limehouse (LHS)	DLR d			2303	2311	2323			2333	2341	2353	0003	0011	0030	
London Fenchurch Street (FST)	7 a			2307	2315	2327			2337	2345	2359	0008	0015	0035	

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Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	0540	0602	0610		0626	0643	0656			0713	0726			0743	0756		0813
Thorpe Bay (TPB)	d	0544	0606	0614		0630	0647	0700			0717	0730			0747	0800		0817
Southend East (SOE)	d	0546	0608	0616		0632	0649	0702			0719	0732			0749	0802		0819
Southend Central (SOC)	a	0549	0611	0619		0635	0652	0705			0722	0735			0752	0805		0822
Southend Central (SOC)	d	0549	0611	0619		0635	0652	0705			0722	0735			0752	0805		0822
Westcliff (WCF)	d	0551	0613	0621		0637	0654	0707			0724	0737			0754	0807		0824
Chalkwell (CHW)	d	0554	0616	0624		0640	0657	0710			0727	0740			0757	0810		0827
Leigh-on-Sea (LES)	d	0556	0619	0626		0642	0700	0712			0730	0742			0800	0812		0830
Benfleet (BEF)	d	0601	0624	0631		0647	0705	0717			0735	0747			0805	0817		0835
Pitsea (PSE)	d	0604	0629	0634		0650	0710	0720			0740	0750			0810	0820		0840
Basildon (BSO)	d	0608		0638		0654		0724			0754				0824			
Laindon (LAI)	d	0611		0641		0657		0727			0757				0827			
West Horndon (WHR)	d	0616		0646		0702		0732			0802				0832			
Stanford-le-Hope (SFO)	d		0635				0716				0746				0816			0846
East Tilbury (ETL)	d		0638				0719				0749				0819			0849
Tilbury Town (TIL)	d		0644				0725				0755				0825			0855
Grays (GRY)	a		0647		←		0728		←		0758		←		0828		←	0858
Grays (GRY)	d		0648		0648		0730		0730	0742	0800		0800	0822	0830		0830	0852 0900
Purfleet (PFL)	d		←				←			0748	←			0828	←			0858
Rainham (RNM)	d									0753				0833				0903
Dagenham Dock (DDK)	d									0756				0837				0907
Chafford Hundred Lakeside (CFH)	d				0651				0733					0803			0833	
Ockendon (OCK)	d				0655				0737					0807			0837	
Upminster (UPM)	d	0621		0651	0702	0707		0737	0744			0807	0814			0837	0844	
Barking (BKG)	d	0629		0659	0711	0715		0745	0753	0802		0815	0823	0842		0846	0853	0912
Stratford (SRA)	d																	
London Liverpool Street (LST)	a																	
West Ham (WEH)	d	0634		0704	0716	0720		0750	0758	0808		0820	0828	0848		0851	0858	0918
Limehouse (LHS)	d	0639		0709	0721	0725		0755	0803	0813		0825	0833	0853		0856	0903	0923
London Fenchurch Street (FST)	a	0644		0714	0726	0730		0800	0807	0817		0830	0837	0857		0900	0907	0927

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	0826			0843	0856			0913	0926			0943	0956			1013	1026
Thorpe Bay (TPB)	d	0830			0847	0900			0917	0930			0947	1000			1017	1030
Southend East (SOE)	d	0832			0849	0902			0919	0932			0949	1002			1019	1032
Southend Central (SOC)	a	0835			0852	0905			0922	0935			0952	1005			1022	1035
Southend Central (SOC)	d	0835			0852	0905			0922	0935			0952	1005			1022	1035
Westcliff (WCF)	d	0837			0854	0907			0924	0937			0954	1007			1024	1037
Chalkwell (CHW)	d	0840			0857	0910			0927	0940			0957	1010			1027	1040
Leigh-on-Sea (LES)	d	0842			0900	0912			0930	0942			1000	1012			1030	1042
Benfleet (BEF)	d	0847			0905	0917			0935	0947			1005	1017			1035	1047
Pitsea (PSE)	d	0850			0910	0920			0940	0950			1010	1020			1040	1050
Basildon (BSO)	d	0854				0924				0954				1024				1054
Laindon (LAI)	d	0857				0927				0957				1027				1057
West Horndon (WHR)	d	0902				0932				1002				1032				1102
Stanford-le-Hope (SFO)	d				0916				0946					1016			1046	
East Tilbury (ETL)	d				0919				0949					1019			1049	
Tilbury Town (TIL)	d				0925				0955					1025			1055	
Grays (GRY)	a		←		0928		←		0958		←		1028		←		1058	←
Grays (GRY)	d		0900	0922	0930		0930	0952	1000		1000	1022	1030		1030	1052	1100	1100
Purfleet (PFL)	d			0928	←			0958	←			1028	←			1058	←	
Rainham (RNM)	d			0933				1003				1033				1103		
Dagenham Dock (DDK)	d			0937				1007				1037				1107		
Chafford Hundred Lakeside (CFH)	d		0903				0933				1003				1033			1103
Ockendon (OCK)	d		0907				0937				1007				1037			1107
Upminster (UPM)	d	0907	0914			0937	0944			1007	1014			1037	1044			1107 1114
Barking (BKG)	d	0917	0923	0942		0947	0953	1012		1017	1023	1042		1047	1053	1112		1117 1123
Stratford (SRA)	d	0925				0955				1025				1055				1125
London Liverpool Street (LST)	a	0933				1003				1033				1103				1133
West Ham (WEH)	d		0928	0948			0958	1018			1028	1048			1058	1118		1128
Limehouse (LHS)	d		0933	0953			1003	1023			1033	1053			1103	1123		1133
London Fenchurch Street (FST)	a		0937	0957			1007	1027			1037	1057			1107	1127		1137

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Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d		1043	1056			1113	1126			1143	1156			1213	1226		1243	
Thorpe Bay (TPB)	d		1047	1100			1117	1130			1147	1200			1217	1230		1247	
Southend East (SOE)	d		1049	1102			1119	1132			1149	1202			1219	1232		1249	
Southend Central (SOC)	a		1052	1105			1122	1135			1152	1205			1222	1235		1252	
Southend Central (SOC)	d		1052	1105			1122	1135			1152	1205			1222	1235		1252	
Westcliff (WCF)	d		1054	1107			1124	1137			1154	1207			1224	1237		1254	
Chalkwell (CHW)	d		1057	1110			1127	1140			1157	1210			1227	1240		1257	
Leigh-on-Sea (LES)	d		1100	1112			1130	1142			1200	1212			1230	1242		1300	
Benfleet (BEF)	d		1105	1117			1135	1147			1205	1217			1235	1247		1305	
Pitsea (PSE)	d		1110	1120			1140	1150			1210	1220			1240	1250		1310	
Basildon (BSO)	d			1124				1154				1224				1254			
Laindon (LAI)	d			1127				1157				1227				1257			
West Horndon (WHR)	d			1132				1202				1232				1302			
Stanford-le-Hope (SFO)	d		1116				1146				1216				1246			1316	
East Tilbury (ETL)	d		1119				1149				1219				1249			1319	
Tilbury Town (TIL)	Ⓜ d		1125				1155				1225				1255			1325	
Grays (GRY)	a		1128		←		1158		←		1228		←		1258		←	1328	
Grays (GRY)	d	1122	1130		1130	1152	1200		1200	1222	1230		1230	1252	1300		1300	1322	1330
Purfleet (PFL)	d	1128	←			1158	←			1228	←			1258	←			1328	←
Rainham (RNM)	d	1133				1203				1233				1303				1333	
Dagenham Dock (DDK)	d	1137				1207				1237				1307				1337	
Chafford Hundred Lakeside (CFH)	d				1133				1203				1233				1303		
Ockendon (OCK)	d				1137				1207				1237				1307		
Upminster (UPM)	Ⓜ d			1137	1144			1207	1214			1237	1244			1307	1314		
Barking (BKG)	Ⓜ d	1142		1147	1153	1212		1217	1223	1242		1247	1253	1312		1317	1323	1342	
Stratford (SRA)	Ⓜ DLR 7 a			1155				1225				1255				1325			
London Liverpool Street (LST)	Ⓜ 15 a			1203				1233				1303				1333			
West Ham (WEH)	Ⓜ DLR d	1148			1158	1218			1228	1248			1258	1318			1328	1348	
Limehouse (LHS)	Ⓜ DLR d	1153			1203	1223			1233	1253			1303	1323			1333	1353	
London Fenchurch Street (FST)	Ⓜ 7 a	1157			1207	1227			1237	1257			1307	1327			1337	1357	

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	
Shoeburyness (SRY)	d	1256			1313	1326			1343	1356			1413	1426			1443	1456	
Thorpe Bay (TPB)	d	1300			1317	1330			1347	1400			1417	1430			1447	1500	
Southend East (SOE)	d	1302			1319	1332			1349	1402			1419	1432			1449	1502	
Southend Central (SOC)	a	1305			1322	1335			1352	1405			1422	1435			1452	1505	
Southend Central (SOC)	d	1305			1322	1335			1352	1405			1422	1435			1452	1505	
Westcliff (WCF)	d	1307			1324	1337			1354	1407			1424	1437			1454	1507	
Chalkwell (CHW)	d	1310			1327	1340			1357	1410			1427	1440			1457	1510	
Leigh-on-Sea (LES)	d	1312			1330	1342			1400	1412			1430	1442			1500	1512	
Benfleet (BEF)	d	1317			1335	1347			1405	1417			1435	1447			1505	1517	
Pitsea (PSE)	d	1320			1340	1350			1410	1420			1440	1450			1510	1520	
Basildon (BSO)	d	1324				1354				1424				1454				1524	
Laindon (LAI)	d	1327				1357				1427				1457				1527	
West Horndon (WHR)	d	1332				1402				1432				1502				1532	
Stanford-le-Hope (SFO)	d				1346				1416				1446				1516		
East Tilbury (ETL)	d				1349				1419				1449				1519		
Tilbury Town (TIL)	Ⓜ d				1355				1425				1455				1525		
Grays (GRY)	a		←		1358		←		1428		←		1458		←		1528		←
Grays (GRY)	d		1330	1352	1400		1400	1422	1430		1430	1452	1500		1500	1522	1530		1530
Purfleet (PFL)	d			1358	←			1428	←			1458	←			1528	←		
Rainham (RNM)	d			1403				1433				1503				1533			
Dagenham Dock (DDK)	d			1407				1437				1507				1537			
Chafford Hundred Lakeside (CFH)	d		1333				1403				1433				1503				1533
Ockendon (OCK)	d		1337				1407				1437				1507				1537
Upminster (UPM)	Ⓜ d	1337	1344			1407	1414			1437	1444			1507	1514			1537	1544
Barking (BKG)	Ⓜ d	1347	1353	1412		1417	1423	1442		1447	1453	1512		1517	1523	1542		1547	1553
Stratford (SRA)	Ⓜ DLR 7 a	1355				1425				1455				1525				1555	
London Liverpool Street (LST)	Ⓜ 15 a	1403				1433				1503				1533				1603	
West Ham (WEH)	Ⓜ DLR d		1358	1418			1428	1448			1458	1518			1528	1548			1558
Limehouse (LHS)	Ⓜ DLR d		1403	1423			1433	1453			1503	1523			1533	1553			1603
London Fenchurch Street (FST)	Ⓜ 7 a		1407	1427			1437	1457			1507	1527			1537	1557			1607

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time

Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d		1513	1526			1543	1556			1613	1626			1643	1656		1713	
Thorpe Bay (TPB)	d		1517	1530			1547	1600			1617	1630			1647	1700		1717	
Southend East (SOE)	d		1519	1532			1549	1602			1619	1632			1649	1702		1719	
Southend Central (SOC)	a		1522	1535			1552	1605			1622	1635			1652	1705		1722	
Southend Central (SOC)	d		1522	1535			1552	1605			1622	1635			1652	1705		1722	
Westcliff (WCF)	d		1524	1537			1554	1607			1624	1637			1654	1707		1724	
Chalkwell (CHW)	d		1527	1540			1557	1610			1627	1640			1657	1710		1727	
Leigh-on-Sea (LES)	d		1530	1542			1600	1612			1630	1642			1700	1712		1730	
Benfleet (BEF)	d		1535	1547			1605	1617			1635	1647			1705	1717		1735	
Pitsea (PSE)	d		1540	1550			1610	1620			1640	1650			1710	1720		1740	
Basildon (BSO)	d			1554				1624				1654				1724			
Laindon (LAI)	d			1557				1627				1657				1727			
West Horndon (WHR)	d			1602				1632				1702				1732			
Stanford-le-Hope (SFO)	d		1546				1616				1646				1716			1746	
East Tilbury (ETL)	d		1549				1619				1649				1719			1749	
Tilbury Town (TIL)	8 d		1555				1625				1655				1725			1755	
Grays (GRY)	a		1558		←		1628		←		1658		←		1728		←	1758	
Grays (GRY)	d	1552	1600		1600	1622	1630		1630	1652	1700		1700	1722	1730		1730	1752	1800
Purfleet (PFL)	d	1558	←			1628	←			1658	←			1728	←			1758	←
Rainham (RNM)	d	1603				1633				1703				1733				1803	
Dagenham Dock (DDK)	d	1607				1637				1707				1737				1807	
Chafford Hundred Lakeside (CFH)	d				1603					1633				1703				1733	
Ockendon (OCK)	d				1607					1637				1707				1737	
Upminster (UPM)	⊖ d			1607	1614			1637	1644			1707	1714			1737	1744		
Barking (BKG)	⊖ d	1612		1617	1623	1642		1647	1653	1712		1717	1723	1742		1747	1753	1812	
Stratford (SRA)	⊖ DLR 7 a			1625				1655						1725				1755	
London Liverpool Street (LST)	⊖ 15 a			1633				1703						1733				1803	
West Ham (WEH)	⊖ DLR d	1618			1628	1648			1658	1718			1728	1748			1758	1818	
Limehouse (LHS)	DLR d	1623			1633	1653			1703	1723			1733	1753			1803	1823	
London Fenchurch Street (FST)	7 a	1627			1637	1657			1707	1727			1737	1757			1807	1827	









Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC		
Shoeburyness (SRY)	d	1726			1743	1756			1813	1826			1843	1856			1913	1926	
Thorpe Bay (TPB)	d	1730			1747	1800			1817	1830			1847	1900			1917	1930	
Southend East (SOE)	d	1732			1749	1802			1819	1832			1849	1902			1919	1932	
Southend Central (SOC)	a	1735			1752	1805			1822	1835			1852	1905			1922	1935	
Southend Central (SOC)	d	1735			1752	1805			1822	1835			1852	1905			1922	1935	
Westcliff (WCF)	d	1737			1754	1807			1824	1837			1854	1907			1924	1937	
Chalkwell (CHW)	d	1740			1757	1810			1827	1840			1857	1910			1927	1940	
Leigh-on-Sea (LES)	d	1742			1800	1812			1830	1842			1900	1912			1930	1942	
Benfleet (BEF)	d	1747			1805	1817			1835	1847			1905	1917			1935	1947	
Pitsea (PSE)	d	1750			1810	1820			1840	1850			1910	1920			1940	1950	
Basildon (BSO)	d	1754				1824				1854				1924				1954	
Laindon (LAI)	d	1757				1827				1857				1927				1957	
West Horndon (WHR)	d	1802				1832				1902				1932				2002	
Stanford-le-Hope (SFO)	d				1816				1846				1916				1946		
East Tilbury (ETL)	d				1819				1849				1919				1949		
Tilbury Town (TIL)	8 d				1825				1855				1925				1955		
Grays (GRY)	a		←		1828		←		1858		←		1928		←		1958		←
Grays (GRY)	d		1800	1822	1830		1830	1852	1900		1900	1922	1930		1930	1952	2000		2000
Purfleet (PFL)	d			1828	←			1858	←			1928	←			1958	←		
Rainham (RNM)	d			1833				1903				1933				2003			
Dagenham Dock (DDK)	d			1837				1907				1937				2007			
Chafford Hundred Lakeside (CFH)	d		1803				1833				1903				1933				2003
Ockendon (OCK)	d		1807				1837				1907				1937				2007
Upminster (UPM)	⊖ d	1807	1814			1837	1844			1907	1914			1937	1944			2007	2014
Barking (BKG)	⊖ d	1817	1823	1842		1847	1853	1912		1917	1923	1942		1947	1953	2012		2017	2023
Stratford (SRA)	⊖ DLR 7 a	1825				1855				1925				1955				2025	
London Liverpool Street (LST)	⊖ 15 a	1833				1903				1933				2003				2033	
West Ham (WEH)	⊖ DLR d		1828	1848			1858	1918			1928	1948			1958	2018			2028
Limehouse (LHS)	DLR d		1833	1853			1903	1923			1933	1953			2003	2023			2033
London Fenchurch Street (FST)	7 a		1837	1857			1907	1927			1937	1957			2007	2027			2037









NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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Shoeburyness, Southend Central, Tilbury, Grays and Basildon to Upminster, Barking and London

Sundays

Operator	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d	1943	1956			2013	2026			2043	2056			2113	2126		2143	2156
Thorpe Bay (TPB)	d	1947	2000			2017	2030			2047	2100			2117	2130		2147	2200
Southend East (SOE)	d	1949	2002			2019	2032			2049	2102			2119	2132		2149	2202
Southend Central (SOC)	a	1952	2005			2022	2035			2052	2105			2122	2135		2152	2205
Southend Central (SOC)	d	1952	2005			2022	2035			2052	2105			2122	2135		2152	2205
Westcliff (WCF)	d	1954	2007			2024	2037			2054	2107			2124	2137		2154	2207
Chalkwell (CHW)	d	1957	2010			2027	2040			2057	2110			2127	2140		2157	2210
Leigh-on-Sea (LES)	d	2000	2012			2030	2042			2100	2112			2130	2142		2200	2212
Benfleet (BEF)	d	2005	2017			2035	2047			2105	2117			2135	2147		2205	2217
Pitsea (PSE)	d	2010	2020			2040	2050			2110	2120			2140	2150		2210	2220
Basildon (BSO)	d		2024				2054				2124				2154			2224
Laindon (LAI)	d		2027				2057				2127				2157			2227
West Horndon (WHR)	d		2032				2102				2132				2202			2232
Stanford-le-Hope (SFO)	d	2016				2046				2116				2146				2216
East Tilbury (ETL)	d	2019				2049				2119				2149				2219
Tilbury Town (TIL)	 d	2025				2055				2125				2155				2225
Grays (GRY)	a	2028		←		2058		←		2128		←		2158		←		2228
Grays (GRY)	d	2022	2030		2030	2052	2100		2100	2122	2130		2130	2152	2200		2200	2230
Purfleet (PFL)	d	2028	→			2058	→			2128	→			2158	→			→
Rainham (RNM)	d	2033				2103				2133				2203				
Dagenham Dock (DDK)	d	2037				2107				2137				2207				
Chafford Hundred Lakeside (CFH)	d				2033				2103				2133				2203	
Ockendon (OCK)	d				2037				2107				2137				2207	
Upminster (UPM)	 d			2037	2044			2107	2114			2137	2144			2207	2214	2237
Barking (BKG)	 d	2042		2047	2053	2112		2117	2123	2142		2147	2153	2212		2217	2223	2247
Stratford (SRA)	 a			2055				2125				2155				2225		2255
London Liverpool Street (LST)	 a			2103				2133				2203				2233		2303
West Ham (WEH)	 d	2048			2058	2118			2128	2148			2158	2218			2228	
Limehouse (LHS)	 d	2053			2103	2123			2133	2153			2203	2223			2233	
London Fenchurch Street (FST)	 a	2057			2107	2127			2137	2158			2207	2228			2237	

Operator	CC	CC	CC	CC	CC	CC
Shoeburyness (SRY)	d			2210	2226	2240
Thorpe Bay (TPB)	d			2214	2230	2244
Southend East (SOE)	d			2216	2232	2246
Southend Central (SOC)	a			2219	2235	2249
Southend Central (SOC)	d			2219	2235	2249
Westcliff (WCF)	d			2221	2237	2251
Chalkwell (CHW)	d			2224	2240	2254
Leigh-on-Sea (LES)	d			2226	2243	2256
Benfleet (BEF)	d			2231	2248	2301
Pitsea (PSE)	d			2234	2253	2304
Basildon (BSO)	d			2238		2308
Laindon (LAI)	d			2241		2311
West Horndon (WHR)	d			2246		2316
Stanford-le-Hope (SFO)	d				2259	
East Tilbury (ETL)	d				2302	
Tilbury Town (TIL)	 d				2308	
Grays (GRY)	a	←			2311	←
Grays (GRY)	d	2230	2235		2312	2312
Purfleet (PFL)	d		2241	→		
Rainham (RNM)	d		2246			
Dagenham Dock (DDK)	d		2250			
Chafford Hundred Lakeside (CFH)	d	2233				2315
Ockendon (OCK)	d	2237				2319
Upminster (UPM)	 d	2244		2251		2321 2326
Barking (BKG)	 d	2253	2256	2300		2330 2335
Stratford (SRA)	 a					
London Liverpool Street (LST)	 a					
West Ham (WEH)	 d	2258	2302	2305		2335 2340
Limehouse (LHS)	 d	2303	2307	2310		2340 2345
London Fenchurch Street (FST)	 a	2307	2312	2314		2345 2350

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
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