

Table T142-F

Mondays to Fridays

18 May to 11 December

Par - Newquay

Miles		GW	GW	GW	GW	GW	GW	GW												
			◇	◇ A A	◇ B	◇	◇	◇												
0	Par	d 09 21	12 13	13 22	14 16	16 15	18 23	20 29												
4%	Luxulyan	d 09x31	12x23		14x26	16x25	18x33	20x39												
6%	Bugle	d 09x37	12x29		14x32	16x31	18x39	20x45												
8%	Roche	d 09x42	12x34		14x37	16x36	18x44	20x50												
14%	St Columb Road	d 09x53	12x45		14x48	16x47	18x55	21x01												
18%	Quintrell Downs	d 10 01	12 53		14 56	16 55	19 03	21 09												
20%	Newquay	a 10 13	13 05	14 20	15 08	17 07	19 15	21 21												

Saturdays

23 May to 12 December

		GW	XC	GW	GW	GW	XC	GW	GW		GW	XC	GW	GW						
			◇ C	◇ D	◇ C	◇ E	◇ D	◇ F	◇ D	◇ G		◇ D	◇ H	◇ D						
Par	d 06 52	08 24	09 25	09 49	11 45	12 12	13 18	14 12	15 48		16 12	17 47	18 13	20 22						
Luxulyan	d 07x02	09x35		11x45	12x00	12x22	14x22		16x22		18x23	20x32								
Bugle	d 07x08	09x41		12x06	12x28		14x28		16x28		18x29	20x38								
Roche	d 07x13	09x46		12x10	12x33		14x33		16x33		18x34	20x43								
St Columb Road	d 07x24	09x57		12x22	12x44		14x44		16x44		18x45	20x54								
Quintrell Downs	d 07 32	10 05		12 30	12 52		14 52		16 52		18 53	21 02								
Newquay	a 07 45	09 10	10 18	10 47	12 40	13 05	14 04	15 05	16 47		17 05	18 36	19 06	21 15						

Sundays

17 May to 6 December

		GW	GW	XC	GW	GW	GW	GW	GW											
		◇ I	◇ J	◇ K	◇ I	◇ J	◇ L	◇ J	◇ I	◇ I										
Par	d 09 00	10 05	10 11	11 54	12 45	14 07	16 15	16 27	19 18											
Luxulyan	d 09x11	10x16		12x05	12x56	14 19	16x26	16x38	19x29											
Bugle	d 09x17	10x22		12x16	13x02		16x34	16x52	19x37											
Roche	d 09x22	10x27		12x20	13x07		16x38	16x56	19x41											
St Columb Road	d 09x33	10x38		12x32	13x18		16x50	17x08	19x53											
Quintrell Downs	d 09 41	10 46		12 40	13 26		16 58	17 16	20 01											
Newquay	a 09 52	10 57	11 02	12 50	13 37	14 56	17 08	17 26	20 11											

- A from 6 July until 4 September. From London Paddington
- B until 3 July, from 7 September
- C until 12 September. From Plymouth
- D from 19 September
- E until 12 September
- F until 12 September. From Manchester Piccadilly
- G until 12 September. From London Paddington. The Atlantic Coast Express
- H until 12 September. From Dundee
- I until 13 September
- J from 20 September
- K until 13 September. From Plymouth
- L until 13 September. From London Paddington

For connections at Par refer to Table T135

**Table T142-R**

**Mondays to Fridays**

18 May to 11 December

**Newquay - Par**

Miles		GW	GW		GW	GW	GW	GW	GW											
		◇	◇		◇ A A	◇ B	◇													
0	Newquay	d	10 23	13 10	14 52	15 10	17 19	19 22	21 26											
2½	Quintrell Downs	d	10 29	13 16	15 16	17 25	19 28	21 32												
6½	St Columb Road	d	10x36	13x23	15x23	17x32	19x35	21x39												
12	Roche	d	10x47	13x34	15x34	17x43	19x46	21x50												
14½	Bugle	d	10x52	13x39	15x39	17x48	19x51	21x55												
16½	Luxulyan	d	10x59	13x46	15x46	17x55	19x58	22x02												
20½	Par	a	11 12	13 59	15 43	15 58	18 08	20 10	22 15											

**Saturdays**

23 May to 12 December

		GW	GW	XC	GW	GW	GW	GW	XC		GW	GW	XC	GW	GW						
		◇	◇	◇ E	◇	◇ F	◇	◇	◇ G		◇	◇ H	◇ I	◇	◇ J						
		C	D	E	C	F	D	C	C		C	H	I	C	J						
	Newquay	d	07 48	08 02	09 40	10 20	11 02	12 56	13 10	15 10	15 40	17 10	17 30	19 00	19 08	21 17					
	Quintrell Downs	d	07 54	08 08	10 26	11 06	13 02	13 16	15 16			17 16		19 08	19 14	21 23					
	St Columb Road	d	08x01	08x15	10x33	11x06	13x09	13x23	15x23			17x23		19x21	21x30						
	Roche	d	08x12	08x26	10x44	11x09	13x20	13x34	15x34			17x34		19x32	21x41						
	Bugle	d	08x17	08x31	10x49	11x11	13x25	13x39	15x39			17x39		19x37	21x46						
	Luxulyan	d	08x22	08x42	10x54	11x15	13x36	13x44	15x44			17x44		19x42	21x51						
	Par	a	08 38	08 58	10 25	11 10	13 50	14 00	16 00	16 25	18 00	18 21	19 45	19 59	22 06						

**Sundays**

17 May to 6 December

		GW	GW	XC	GW	GW	GW	GW												
		◇	◇	◇ M	◇	◇	◇ N													
		K	L	M	K	L	N													
	Newquay	d	09 54	11 15	11 41	13 05	14 20	16 10	17 55	20 15										
	Quintrell Downs	d	10 00	11 21	11 47	13 11	14 26	16 16	18 01	20 21										
	St Columb Road	d	10x08	11x29	11 54	13x19	14x34	16 24	18x09											
	Roche	d	10x19	11x40	11 59	13x30	14x45	16 34	18x20											
	Bugle	d	10x24	11x45	12 04	13x35	14x50	16 44	18x25											
	Luxulyan	d	10x29	11x50	12 09	13x40	14x55	16 53	18x30											
	Par	a	10 43	12 04	12 25	13 54	15 09	17 04	18 44	21 00										

- A from 6 July until 4 September. To London Paddington
- B until 3 July, from 7 September
- C from 19 September
- D until 12 September
- E until 12 September. To Dundee
- F until 12 September. To London Paddington. The Atlantic Coast Express
- G until 12 September. To Manchester Piccadilly
- H until 12 September. To Bristol Parkway
- I until 12 September. To Plymouth
- J To Plymouth
- K until 13 September
- L from 20 September
- M until 13 September. To Edinburgh
- N until 13 September. To London Paddington

For connections at Par refer to Table T135